FROM THE PRINCIPAL

This is my last newsletter article as Principal of the Norwood Morialta High School.

After thirteen years of service to this great school, I am leaving to take up extended long service leave. I have served over forty years in various roles in the Education Department, twenty three as Principal of large metropolitan secondary schools.

In the thirteen years that I have led Norwood Morialta High School I have seen changes not only in the school, but also in education generally.

By far the most significant impact has been the introduction of fast technology. Now every student has a laptop, learning can occur anytime, anywhere and students can submit work as they finish it. Teachers mark work on-line and parents can now see assignments, homework and teacher expectations for themselves. The school’s website contains instant information about letters sent home, notices and school events.

Teachers now talk about blended learning where much of the content of the curriculum can be accessed outside of the classroom. Instead, class time is spent discussing ideas, gaining deeper understanding of concepts and collaborative problem solving. Students are asked to analyse problems and then apply an authentic solution, all of which makes learning more real, contemporary and future focussed.

Of endurance, though, are the school values of Distinction, Diversity and Respect. Values are deeply held beliefs or tenets against which we measure our behaviour. Values do not run out of fashion, but are longstanding, universal and stand the test of time. As a school the value of Distinction has been important because we aim for every single student to succeed and achieve their very best in their learning. Distinguishing oneself, though, occurs in the academic sphere, but also in education generally.

There have been changes in the curriculum, with the International Baccalaureate Middle Years Program (IBMYP) being a strong feature. With the introduction of the Australian Curriculum as the first national curriculum, a perfect balance can be found between the IBMYP as the HOW-pedagogical approach and the Australian Curriculum determining the WHAT-content. In the senior years, we are into the second decade of an improved SACE.

In terms of accountability, our school has participated in successive cycles of whole school accreditation processes through the Council of International Schools, (CIS) and I have had the pleasure of serving on the CIS Board. We have also undertaken successive cycles of IB MYP evaluations and our parents should feel satisfied that we are scrutinised by external bodies as we constantly seek to improve our practices.

There have been physical changes too, the most recent of which have been the introduction of new learning spaces across both campuses. It has been delightful to watch the excitement with which students have received these changes.

We measure ourselves against our students’ successes and it has been a sheer privilege to have witnessed so many graduations where students have excelled.

I leave the school with the best memories of a talented group of staff, supportive Governing Council, Parents and Friends, highly effective School Service Officers and an Executive Leadership team all of whom have given their best to the students in their care.

My best wishes for the future. I will look on with interest as the school enters its next stage of development.

Panayoula Parha
Principal
Term 4 is a very busy one with many formal occasions for the end of the year. Students work hard to complete all course work. End of term reports will show final results for the semester against the IBMYP criteria.

At years 8 and 9, classes continue until Friday December 11, however in the last week of term the timetable will be modified into three sessions per day and teachers from both middle and senior campus will run the learning activities. Students will remain with their PLG group for the week.

End of Year plans include important transition programs: Year 7 transition day is on Monday November 30th when we run a program of orientation and classroom activities for future year 8 students. Students and teachers look forward to this day and it is a great opportunity for year 7s to make new friends and learn about the school. A group of year 9 student leaders have been selected to support the year 7s on the day.

Year 10 students will visit the senior campus in Week 9 and will receive an induction program. Tuesday 1 December will be for those students going to the Campbell Learning Community and Wednesday 2 December for Laslett Learning Community. Year 9 students going to the 10ex class will have a transition visit to the senior campus on the Thursday 3 December.

The transition program is an important introduction to the expectations of the South Australian Certificate of Education (SACE) as well as senior campus routines and procedures. On the other days, students MAY be required to undertake course re-counselling which will be organised by appointment.

Currently, Year 10 students are working towards the completion of the Personal Learning Plan (PLP) which they must pass in order to gain their SACE certificate. The PLP has a focus on learning strategies, planning for the future and supports the students in their transition to the senior years of schooling and beyond. The PLP is an important part of the transition process and it is expected that most students will have completed all of the assessment requirements by week 7. If it is not completed during year 10 students will be placed in a PLP class in year 11 as they can not qualify for the SACE without at least a C grade in PLP.

**Year 10 Graduation Friday December 4**

The Graduation ceremony takes place in the Ivan Coward Hall on Friday 4 December from 9.00am to 11.00am. This is an important formal occasion for the students to acknowledge their completion of middle schooling. They are expected to wear full school uniform with appropriate skirt length and please note that shorts are not permitted. Awards are presented and students receive graduation certificates. Parents receive an invitation and are encouraged to attend. Often parents take their student out to lunch after the ceremony to celebrate this special occasion.

**Bridging Course students**

Students need to be well prepared to study at SACE level and unfortunately there are some year 10 students who do not have the required grades to give them entry into a full SACE course. These students undertake a Bridging Course to support their learning. Parents will have been notified of this when subject selections were made.

On the last day of term, Friday 11 December, a year 8 and 9 Awards Assembly will be held. Students will be dismissed at 1.00pm on that day.

Karen Andrews
Deputy Principal/Campus Head
Year 12 Graduation

We proudly farewelled our year 12s at the recently held Year 12 Graduation Ceremony on Friday 23 October. The assembly celebrated the successes and achievements of our year 12s and it was an opportunity to wish them well with their final exams and future endeavours. I have received feedback from staff and students who attended, that it was a wonderful event and a positive way for our Year 12s to finish the school year. The students applauded each other’s successes in a respectful and supportive manner displaying the positive attributes of a learning community. As a school we now look forward to inviting back our 2015 Graduates next year to acknowledge their results and pathways.

Stage 1 Awards Assembly and end of year arrangements

The Stage 1 Awards Assembly will be held in the Ivan Coward Hall on the Senior Campus on Friday 20 November at 9.00am. All Stage 1 students will be required to attend this compulsory event and students will be dismissed at the end of the assembly. Parents/Caregivers of students who will be receiving an award will be invited to attend the assembly and a morning tea after the event. Lessons conclude on Thursday 19 November but please note that some teachers may require students to attend school the following week to finalise work submission. Term 4 reports for Stage 1 subjects will be available online Thursday 3 December.

Transition

Planning is well underway for the Year 10 Transition Days to be held on Tuesday December 1st and Wednesday 2 December. This year students will come over to the Senior Campus already placed in their Learning Communities, Laslett or Campbell. The transition program will cover an introduction to senior schooling including expectations and routines and an overview of SACE. On the day students will be issued with a Senior Campus Information Booklet for student and parent reference. To support your student’s transition to the Senior Campus please make some time to read this booklet with them.

Nikki Kotrotsos
Senior Campus Head
BIOBLITZ is an event where scientists, naturalists and the public work together to record the biodiversity in a set location over a short period of time. They are hands-on, scientific fun, designed around making discoveries, sharing talents, and igniting the interests of participants. Fifty of our year 8 students were invited to attend the event on Friday 18 September.

The activities were designed to teach students about local biodiversity, how scientists work, and to help students connect with nature. There were experienced presenters from organisations including the SA Museum and NRM Education. Students rotated through a series of nature-focussed and hands-on activities, like catching and counting waterbugs, birdwatching, and nature art. We will also had native wildlife presentations for the students to experience. Students participated in six different activities.

Mr C Felstead
Science Coordinator

PICSE SCIENCE AND ENGINEERING COMPETITION
A group of Year 8 students entered their home projects in the PICSE Science and Engineering Awards. Listed are the students who represented Norwood Morialta High School at the State Semi Finals.

Raya Gordo “Tomato Planting at Home”
Jake Morro “Chive Growth Investigation”
Chelsea Macko “Watering Plants with Different Liquids”
Kassandra McGrath “Snow Pea Growth”
Joseph Mackay “The Lettuce Seed”

Jake Morro and Chelsea Macko were successful in reaching the Finals and were selected to enter their Year 8 Science Home Projects for the state judging on Monday 7 September 2015 at the Royal Adelaide Show.

Congratulations to all the students for their great work in regards to the Home Project.

Mr C Felstead
Science Coordinator
BIOBLITZ
IMPORTANT GOVERNING COUNCIL MEETING

Monday 23/11/2015
at 6.30pm
Senior Campus

Re: Materials and Services charge for 2016

Dear Parents/Caregivers

All are invited to attend this meeting where a decision will be made as to the setting of the Materials Services Fee.

In addition we will be seeking the full recovery of the Materials and Services fees. If supported, a polling letter will be sent to all families.

Details of proposed fees are shown. If you have any queries please call on 83642299.

In lieu of attendance at the Governing Council meeting, parents can express their views in writing to the Chairperson.

Fran Millard
Business Manager
On behalf of the Governing Council
In 2015 our school implemented Wednesday morning professional learning time. Over the course of the year, teachers within the school have worked in teams to investigate and effect change that improve learning outcomes for students.

An integral part of the Professional Learning team’s structure is the sharing of information between teachers. After the success of this initial sharing, the school would like to invite parents to observe this semester’s event.

The Norwood Morialta High School wishes to invite all interested parents to the Professional Learning Teams (PLTs) Expo, to be held Wednesday 18 November in the Ivan Coward Hall (Senior Campus) from 8:30am – 9:30am.

The Expo showcases the work completed by teachers during professional learning time. Highlights of the schools previous Expo included projects that developed strategies and learning experiences for students in the areas of Science, Technology Engineering and Maths (STEM), Australian Curriculum implementation into SACE, Literacy and 21st century technologies.

Places are limited and interested parties should register via email to the principal’s secretary: connie.orlando646@schools.sa.edu.au.

Ryan Tripney
On Wednesday 4 November, 17 students visited the new Engineering Campus at Flinders University. The Engineering Honours students’ Expo. Whilst there we came across one an old NMHS scholar, Lydia Pangestu, who is completing her Honours year project on Electricity Supply.

Interesting projects on display included a GPS Tracking unit for Pedal Prix bikes and another on the Measuring of Forces in Human Joints, in particular on the ACL in the knee. We also saw an automated, driverless boat that can be used for research purposes.

Students were lucky enough to be shown around the campus by Dr John Costi and the new “State of the Art” facility enthralled all the students.

Some of the comments by students follow:

“The excursion gave me a great opportunity to discover many types of engineering. The most interesting part was having a look at the Voxiebox which create a 3D holographic projection” - Celeste

“I liked how they created game controllers for children with cerebral palsy. Not only does this project include kids without fine motor skills in playing games, it also emits vibrations that actually improve their motor skills. So, it is both fun and helpful to them” - Tharindi

“Just when you think you finally know what you want to do after high school, you come across another career choice that just sparks more interest. This trip to Flinders University was really worthwhile” - Nina

“I enjoyed their simulated Pedal Prix car with GPS tracking and motion handling. I enjoyed the experience of being able to see some complex electronic projects in action” - Callum

The photos below show some of the group who were presented with their Science Competition certificates and with old scholar Lydia Pagestu during the visit.
UNISA EXPERIENCE DAY REVIEW

On Friday 16 October, Steven Shi and I attended a UniSA Health Sciences Experience Day at the North East Campus in the City. The day began at 9am and finished at 3pm, and included a range of different interactive activities designed to spark our interest in four different fields of Health Science. A quick tour through some of the campus included the nursing labs; here we were provided with a demonstration of some of the capabilities of the $20k - $100k mannequins which are electronically controlled to perform real life actions such as breathe, experience seizures, have their blood pressure and heart rate measured, their blood taken and more. The first practical activity we took part in was in the radiology department; here we were given the chance to operate X-Ray machinery, use electronically operated mannequins to manoeuvre ultra-sound machinery, and discover the technological advancements of radio-therapy and its potential to fight tumour abnormalities.

The second activity was my personal favourite; we were taken into the Haematology labs, we were provided with all necessary sterile equipment such as lab coat, safety glasses and gloves, and asked to identify the blood type of two different specimen. We were given instructions on how to operate different equipment in order to obtain a final result through identification of antibody agglutination reactions with antigens in the blood types. This practical was especially enjoyable, as working in a real lab gave us the chance to see what the life of a bio-medical lab scientist is really like.

In the third practical, we experienced life of a sports scientist; we underwent tests that measured our physical capabilities and learned how to use the results to determine different factors of our health.

The last practical, was carried out in the pharmaceutical labs. It involved using real chemistry apparatus to create a moisturising cream from scratch. We were given a procedure to follow and chemical substances, and along with our partner created the cream. I enjoyed the lab practicals the most, as they allowed me to see the work life of a lab scientist, the type of environment I would be in if I chose to follow my desired career of pharmacology. Experience days like this are very resourceful for students who have yet to decide which career path they wish to follow and to also experience study environments of a university. I highly recommend attending a University Experience Day if the opportunity presents itself.

Sandra Jenkner (Stage 1)

On Friday 16 October, Sandra Jenker and I went to the UniSA City East Campus to participate in the UniSA Health Sciences Experience Day. We engaged in various activities across a range of areas. We had the chance to explore how medical imaging works through operating real x-ray and ultrasound machines, and did a blood testing exercise to determine blood types.

We made moisturising cream from scratch in the pharmacy lab and discovered the extensive sports science facilities at UniSA. We even had a chance to enter the simulated environmental chamber. It was set to 38 degrees and 75% humidity, I could feel myself breathing water!

The day was very interesting and entertaining, it gave us a real look into what Health Sciences is like in university!

Steven Shi L1
Takahashi Sister School Exchange Trip – Sept/Oct 2015

On 25 September, sixteen students along with 2 staff members embarked on a 16 day sister school exchange/study tour to Japan. There was a year long process of planning for the exchange, but finally the day had come. After 2 flights totally about 14 hours, a 10 hour stopover, and a 3 hour bus trip, eventually we arrived at our sister school, Takahashi.

Introductions were made and before we knew it we were taken away to spend the rest of the weekend with our families. We were all a bit nervous at first, but from all accounts it was the best experience ever. We were treated like royalty – trying all sorts of Japanese food, touring around the region, and experiencing the Japanese culture – including sleeping on the floor on futons and showering in bathrooms with “wet floors”.

Monday morning came and dressed in our school uniform, we headed for the Welcome Assembly. Takahashi students were seated in very neat and straight rows in their gymnasium hall. After the Japanese and Australian anthems, we nervously awaited our turn to introduce ourselves – in Japanese! Adelle Martin and Ash Zhong were great ambassadors as our Middle School and Senior School Leaders.

For the next 3 days we attended classes with our buddies and participated in many activities, including cooking classes, calligraphy, flower arrangement, sports lessons and kimono and tea ceremony.

On Wednesday, our last day at school, we presented our Farewell Party. With Gary Yau as MC, we had the audience in fits of laughter; in awe of Sai Sista with his thank you speech in Japanese, without reading any notes; our version of “We are Australian”, went off well; violin solo by Martin Zhang and solo vocalist, Linh Truong, impressed all. Our final item, a Vietnamese game organised by Huan Luong, called Lông Bay Chim Bay with all the Takahashi and NMHS students was a true indication of the genuine friendships formed during our short visit.

As the next day was an excursion to Hiroshima, we had to say goodbye to Takahashi School and our buddies. Our excursion to Hiroshima was very solemn – and the grey skies and constant rain, seemed to be quite reminiscent of the atrocity that had occurred as a result of the atomic bombing on 6 August 1945. We hung our 1000 cranes that we had made before the trip, at the Peace Memorial, and toured the museum where we saw the pictorials and read the testimonies of many of those affected by the atomic bombing.

Afterwards a ferry ride visiting Miyajima Island, where we saw the great Torrii. We did a bit of shopping and many of us came away with momiji manju – a maple shaped sweet filled with different centres, chocolate or custard mainly to give to host families – a lovely thought.

Arriving back at Takahashi station we were happily greeted by our host families to spend our final night with them. Early in the next morning we were back at the station, but the scene was one of great emotion as we had to say our final goodbyes. Many of the group took some time during the train ride to Kyoto, to contemplate their wonderful memories. The best experience ever but far too short!! We are determined to meet again with our host families, either back in Japan, or here in Adelaide. Some already are planning!! By the way, the Shinkansen train ride is another experience – so fast!

The rest of our trip involved eight days of touring and we stayed in Hotels. However, there were strict rules by Mr Haga and Ms Sarantaugas, and if you were late for our meeting times or did anything wrong, there were no “after school detentions” – no, just fines of 100 yen!! John and Monica Feng paid dearly for being 5 minutes late buying gifts for family, and Rupert Dillow did well not scoring a fine until the very end – then he paid in 1 yen pieces!! Fortunately, 1 yen pieces are very light!

We were amazed at the number of vending machines, Mia Fry spending most of her money on peach drinks! Convenience stores were popular as were the Melon buns they sold to Max Gent, Rupert Dillow and Ray Chang.

Our touring included visiting famous temples and Ritsumeikan High School in Kyoto and then tourist sites including Sky Tree, Asakusa and Akihabara in Tokyo. Of course, a visit to Tokyo is not complete without a day at Disneyland. It was a fun day and many of us screamed our lungs out during the wild rides. We also had time to do lots of shopping in Tokyo and our bags were packed with lots of beautiful gifts both from our host families and gifts for our friends and family back home. Maia Evele’Neill couldn’t wait to get to Akihabara for shopping and Olivia Mao and Linh Truong won the prize for best shoppers!

Whilst seeing lots of different sights and places in Japan, when we listed our three highlights of the trip, it was UNANIMOUS – anything involving our sister school, Takahashi – our host families, the school lessons, the buddies, the farewell party – came up as number one for all of us.

If you get the opportunity to participate in the sister school exchange, we highly recommend that you take it without looking back! It was the best experience ever!

Gary Gu and Ray
OH WHAT AN EXCELLENT JAPAN TRIP!!

What have I done!

I don’t know whether I have made the right choice or not! Can I survive the Japanese lifestyle? Will I like and can I eat the food my host family will provide? How about the toilet and bath facilities? Language? I miss you Mum and Dad!

Are we there yet?

After a long flight from Adelaide to Singapore, we had a 10 hour stopover in Singapore. Luckily we went on a 2 hour tour of the city and had 4 hours in a transit lounge before catching our flight to Kansai, Japan. BUT it was a long wait!

Fantastic Host Families

I didn’t expect my host family to treat me so well in Takahashi. All family members were so kind, generous and welcomed me as a true family member.

Formal Welcome Assembly

The welcome assembly in Takahashi was very formal and very moving. They played both the Japanese and Australian national anthems. However, we swapped our black school shoes for slippers! but then, all students and teachers in Japanese schools wear slippers. So, Ms Sarantaugas, why did you make us bring our school shoes! Less room for shopping!!!

Obento lunches

These Obento lunches put my sandwiches to shame! But I did need to buy several as I have a big appetite, and they are yummy.
Yard Clean up – every day

Wow! It is a fantastic idea to clean the school ourselves! The school ground has no rubbish and everyone willingly cleaned their classroom.

Local History Walk

Walked through historical area of Takahashi with the SRC members of Takahashi HS. I was especially astonished to see such a perfectly maintained zen garden!

Farewell

The final day in Takahashi, all family members waited until our train left to farewell us, even though they had their jobs to go to. I couldn’t stop crying when my host mum stood on the other side of the station waving her hands.

Lucky Dip!

At Kiyomizu temple in Kyoto, there are several natural wells and one of them is divided into three streams, one for fortune, one for fame and one for good health. You must choose only one stream to drink from and then your wish will come true. Which one do you think I drank from .........???

Vending Machines Galore!

I didn’t expect to see so many vending machines and convenience stores everywhere in Japan! Whenever I felt hungry or thirsty there it was, like magic a vending machine or a convenience store appearing in front of me! Not only that, but they had good quality food with at very reasonable prices!
Three Jissen Girls High School students on a Study Abroad program visited my school two years ago. I had wonderful time with them. Before I arrived in Japan, I contacted them and told them I would probably be in Harajuku in the afternoon of 6 October. What a surprise it was when we bumped into them whilst crossing the road near Harajuku. They had come! I could meet them again! How nice to see my good old friends.

**Group Photo Time**

Another group photo. It was getting pretty tiring taking group photos all the time. If it wasn’t Mr Haga, it was Ms Sarantaugas wanting another group photo – for the newsletter!! But this time I didn’t mind as I was so happy to be here. This was one of my lifetime goals to visit Japan and to participate in our sister school exchange program with Takahashi High School!

**Must I go home??**

I don’t want to go back to Adelaide! I have so many wonderful memories! Excellent host family! Such friendly Takahashi buddies and students! Trip to Hiroshima! Visiting the magnificent Golden Pavilion! Comfortable Shinkansen train ride! Tasty Takoyaki (octopus in batter) and so many more. Full of Omiyage to my family and school friends! But I still want to stay in Japan!

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**GOVERNOR’S FAREWELL FUNCTION FOR INTERNATIONAL STUDENTS**

On Friday 23 October, the day of the Year 12 graduation, several of our Year 12 International students attended the Governor’s Farewell function for International Students, which was held in the grounds of Government House.

The students were amazed at the sprawling grounds and gardens at Government House and enjoyed meeting other friends and international students attending the function. They also enjoyed refreshments and canapes before the official proceedings. The two Vietnamese international students were quite proud on seeing the Governor, His Excellency the Honourable Hieu Van Le AO and hearing about his story about immigrating to Australia. The Honourable Hieu Van Le proudly spoke of his Asia garden, filled with Lemongrass amongst other Asian produce.

**DID YOU KNOW?**

His Honour was born in Quảng Trị, South Vietnam in 1954, raised, educated in Đà Nẵng and attended Dalat University. He fled Vietnam from the new communist regime in November 1977, coming by boat with his wife Lan to Darwin as refugees in 1977 with about 40 other people. Their two sons Donald and Kim, were born in Australia and are named after Australian cricketers Sir Donald Bradman and Kim Hughes.

After arriving in Australia, his Honour attended the University of Adelaide, receiving an MBA and an Economics degree, becoming a senior investigator and manager with the Australian Securities and Investments Commission from the early 1990s until his retirement in 2009. He is also a member of the Australian Society of Certified Practicing Accountants (CPA) and a Fellow Member of the Financial Services Institute of Australasia (Finsia).
As part of the orientation program for the Intensive Secondary English Course for international students, newly arrived to Australia, students undertook a taste test of some typically Australian foods, namely fritz, peanut butter, lamingtons, and of course vegemite.

Here are some of their comments:

**Vegemite:**

“It looks like chocolate sauce, reminds me of soy sauce, smells like soybean paste and smells very strong. I do not like it because it is salty.”

“It looks like soy sauce, smells like rotten seafood and I do not like it because it is too salty.”

**Peanut Butter:**

“It tastes like peanuts and is very delicious. However, the butter tastes a little oily”

“It looks like some honey. It tastes a bit sweet and salty. I like it very much.”

“It looks like sesame sauce. It reminds me of sesame sauce and smells like it too.”

“It looks like cream, reminds me of ice-cream. It smells like peanuts. I like the smell because it is a little bit sweet. In summary it’s awesome!”

**Fritz:**

“It looks like sausages and reminds me of sausage. It smells like meat and I like the smell because it’s nice. It taste a bit like pork. It’s delicious.”

“It is a bit like beef paste, or pork. I like it because it is good and I still want more.”

**Lamington Roll Cake:**

“It’s sweet, but I don’t like it.”

“It looks like cake and reminds me of a dessert. I like the taste because it is sweet.”

“It looks black with white bits on it and smells like egg cake. I like the smell because I like soft cake with the jam. When I taste it, I can feel the sweet and soft.”

“I don’t like the cover.” (the coconut!)
PEDAL PRIX REPORT FROM ROUND 4 AT MURRAY BRIDGE

September 19-20 2015

Four teams were entered into this 24 hour event at Sturt Reserve, Murray Bridge with 226 bikes starting the race. Teams were entered from SA schools and open teams, WA, Victoria and as far away as Darwin.

Our top team **Focus**, having current year 12 Sebi Anderson, finished in 5th place overall having completed 421 laps of the circuit.

The next team **Astro**, with James Wilson, Michael Oors, Este Anderson and James Wilson all from year 10, as well as some staff and parents, finished in 28th place overall and 22nd in their division. Michael set the fastest lap times for any of our students cars.

Our third bike was composed of Year 8s along with Trent Cannons from year 10. This team **XP8**, completed 233 laps and finished 50th in their division with an overall place of 173.

Finally the all girl team **Protege**, consisting mostly of year 8s as well as Ally Brown of year 10, came in 149th overall and 7th in the All Girls Junior High School category. **Yes they did beat the boys!**

Well done to all student riders. It was quite an achievement having the bikes stay on the track for the full 24 hours, from both the riders and vehicle maintenance crew.

Mr Clements

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**OUTDOOR EDUCATION**

The end of term three and the beginning of term four has been a very busy time for both our Year 9 and Year 10 Outdoor Education Students.

The Year 9’s have completed their Bushwalking and Adventure camps, following the Heysen Trail through Jupiter Creek and Kuitpo Forest. There they honed their navigation and camping skills and undertaking a range of activities including bushwalking, exploring an adit to a mine, geocaching, day & night orienteering, mountain biking, building a bush shelter and constructing a rope bridge. Students also tested their nerve on the Mylor High Ropes course, negotiating a number of elements 10m above the ground, such as the monkey swing, heebie-jeebie, the leap of faith and the giant swing.

Both classes have also participated in a day of water sports; rotating through three activities – surfing, wave skiing and snorkelling - at the Port Noarlunga Aquatics Centre.

The Year 10’s have been busy developing their paddling skills in readiness for their 42km journey along Ral Ral Creek and environs in week 5 of this term. They learned and developed a range of canoe paddling skills and practiced a series of capsize and rescue drills during a day at West Lakes Aquatics Centre. Students then had the opportunity to further develop their paddling skills and build some endurance, with a morning kayak on the Onkaparinga River and an afternoon of wave skiing at Port Noarlunga.

Ms Mudie
TERM THREE ASSEMBLY AND LUNCH WITH A FLAVOUR OF GERMAN LANGUAGE AND CULTURE

On September 16 the school celebrated the German language and culture with an assembly and lunch organised by the SRC and supported by students and teachers of German.

The assembly program included presentations in German by year 8 students, Sukhman Singh and Haylee Cain, on the topic of ‘My Family’ and a song by Year 8 classes called ‘Ein Schluck und ein Schnitt’. This song about German settler families was written by one of Australia’s foremost folksong writers Ted Egan, who this year was presented with a Lifetime Achievement Award for his documentation of Australian Social History through song. The chorus of the song is based on the dialect of German that these people spoke.

The program also included a very entertaining dance ‘Ententanz’, also known as the Chicken dance or Birdie dance, which was led by year 9 students and involved everyone in the audience. Trent Cannons, a year 10 student, showcased his knowledge of German through his project on Berlin.

At lunch time, students and staff were treated to popular German food, namely bratwurst, weisswurst, leberkase, sauerkraut and apple cake. Judging by the fact that no food was left over, we could conclude that it was very well received and enjoyed.

During lunch Ms Schwarz played German songs on an accordion which contributed greatly to the atmosphere and the German feel of the event.

Ms Petric
Spanish Exchange Student – Sandra Gonzalez Alonso

Doing this exchange programme was my choice. I was so excited about going to an amazing place like Australia. The main purpose was to learn English, while looking for a new experience and to meet different people.

At home, the time to come was getting closer, the excitement turned into nervousness, because I didn’t know what to expect or how it was going to be. When I landed in Sydney I actually couldn’t believe that I was already here. All my doubts of how my host family and the new high school were going to be were finally solved.

I have been very lucky since the first moment, my host family is amazing, they are the best part of the exchange. Also the awesome people that I have met at the school. Spending each day in a completely different way of life, getting used to and enjoying it. The time went past without even noticing and now that it’s time to return I can’t believe how fast it has gone. But everything ends. I will always remember Australia as a dream and I won’t forget all the good moments that I have spent and all the friendships I have made.

Sandra Gonzalez Alonso

NORWOOD MORIALTA HIGH SCHOOL
ROWING CLUB
presents

The Hunger Games:
Mockingjay Part 2 (CTC)
on
Saturday 21st November 2015 at 6.30pm
at
Trak Cinema, 375 Greenhill Road, Toorak Gardens

Tickets $15.00 (cash only)
Available now from the Pay Station or purchase on the night
STATE SELECTION

Congratulations to the below mentioned students for being selected to represent South Australia in the following:


**Nathaniel Benson** – Ice Hockey in The Kurt De Fris 15 Years and Under National Tournament held in Perth, WA 8.7.2015 –11.7.2015


**SPORTS UNIFORMS ON LOAN**

Please note sports uniforms are issued on a loan basis only and become the responsibility of the borrower to look after them. The items must be returned at the end of the season as they are required for other students use. If an item is misplaced/lost the student must advise our Library staff/Student Services who will issue an invoice for the replacement cost and a new item will be purchased to replace the missing/lost one. If the item is returned at a later date a refund will be issued. If an item is returned damaged an invoice will also be issued.

**Last day of term**

11 December 2015

1 pm

**Year 10 Graduation**

Friday 4 Dec

9.00am start

Senior Campus

Peter Lang Hall
**Important Dates**

**November**
- 10th – PC Meeting
- 14th – Round the Island Regatta
- 21st – Pultney Regatta
- 21st – Movie Night at Trak
- 28th – Torrens Junior Regatta

**December**
- 7th – PC Meeting
- 12th – Twilight Regatta

**Committee Members**

- President: Martin Bastick
- Treasurer: Paula Benson
- Secretary: Micah Hatchard
- Recruitment & Membership: Mike Henson
- Boat Loading & Maintenance: Garry Partington

**General Committee:**

- Julie Allum
- Linda Bastick
- Linda Foster
- Vanessa Lewis
- Miriam O’Brien
- Ron O’Brien

**Club Captains**

- **Senior** - Zac Bastick, Brydie Hall, Max Partington
- **Junior** - Mateo Deville, Nastasia Foster

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**Spring Camp**

Every year the Norwood Morialta High School Rowing Club holds a Spring Rowing Camp. For the last three years it has been at a brilliant camp site in Walker Flat. Students are able to have at least two full days of rowing sessions with their crew on the water as well as working on fitness on land. This camp is a great way to strengthen and define technique and skill in rowing, and for crews to focus and connect within their boat for a great season of rowing. There is a lot of hard work and early mornings but it all pays off when you cross the finish line at regattas during the season.

Brydie Hall, Senior Rowing Captain

**Regattas**

We have had two regattas so far this year with the first being at Port Adelaide Rowing Club and the second being a sprint event at the River Torrens. All crews have started off the season in excellent fashion and in particular the Year 8 and Year 9 Girls who have won multiple races. The next two regattas are being held at West Lakes and it is hoped all the training our crews have done in the past few months will pay off during the longer more arduous races that will now take place.

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**Upcoming Events**

Aside from the upcoming regattas the NMHS Rowing Club will be hosting a movie night at the Trak Cinema on Saturday November 21st at 6.30pm. The movie being screened is the latest Hunger Games movie – Mockingjay Part 2. If you wish to attend and support our great rowing club come along and enjoy the movie. Tickets will only be $15.

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**Year 8 Specialist Rowing**

Exciting times for the NMHS Rowing Club as 2016 will be the first time our School will have a Special Interest Rowing Program for Year 8 rowers. Already we have 23 enrolled which is fantastic and will significantly boost numbers to the Club next year.
CONGRATULATIONS TO HIGH ACHIEVING STUDENTS

During the Middle Campus Assembly 38 students who achieved a Grade Point Average of 6.5 and above (out of 7) in Semester 1 had their achievement was recognised.

Eden Menashe
Isabella Vassallo-Wakefield
Chloe Dela Paz
Nathan Te
Elise Banks
Jonathan Adams
Molly Littlefair
Sanjhi Shah
Lucy Hoare
Kareem Raslan
Madison Fallon
Alice Inman
Asher Kore
Wan Ying Chia
Ann Ko
Siena Noble
Isabelle Bury
C.J. Jones
Shiran Sitrin
Bayley Mitchell
Liam Lampero
Shawn Lee
Cleo Onglao
Zach Rice
Isuri Seneviratne
Rahul Adhvaryu
Ben Childs
Gavin Chow
George Ding
Aidan Graziano
Tony Jia
Jad Kousa
Jeremy Loh
Giorgia De Chellis
Nina Yu
Keyarah Esplin
William Renner
Rhianna Coscia
NORWOOD MORIALTA HIGH SCHOOL IS SEEKING DONATIONS TO HELP FAMILIES
ARE YOU ABLE TO DONATE A TOY, BOOK OR A CAN?
COLLECTION POINTS ON EACH CAMPUS

To the community of NMHS,

In a spirit of generosity and giving, we are running a Christmas appeal, collecting goods for FoodBank SA and The Smith Family. There are drop off boxes at each where you can donate non-perishable food items, books and toys. All donations will be given to families in need this Christmas.

**FoodBank** SA has a focus on supplying nutritious, wholesome foods to families in need. The items most desired are:

- Pasta, rice, pasta sauce, sandwich spreads, canned vegetables and fruit, packet soups, long life milk, cereal and other foods of that nature.

**The Smith Family** are primarily helping children and young people, and are requesting donations such as:

- Books (for a range of readers, from children to teenagers), art supplies, sporting equipment, role playing toys such as dolls, play food and dress ups, cars and trucks, stuffed animals etc. If you are donating a toy that requires batteries, please include them in your donation. Regardless of quality, they do not accept second-hand goods.

We will be collecting goods on the Senior Campus until the end of week 8, and on the Middle Campus until the end of week 9.

Thank you, and best wishes for the holiday season!
“Parenting SA has recently developed four short videos to give parents and carers tips and strategies for living with teens and pre-teens. Topics include: helping teenagers stay safe online; teenagers and feelings; managing conflict with teenagers; and living with teenagers. To watch the videos, go to the Parenting SA website www.parenting.sa.gov.au/videos.htm”

The video topics include: Helping teenagers stay safe online; Teenagers and feelings; Managing conflict with teenagers; Living with teenagers. Each video is complemented by a link to a relevant Parent Easy Guide.

join now! Applications close Friday 13 November, 2015.
For more information contact Jessica on (08)8366 9213 or email youth@campbelltown.sa.gov.au

YouthFM – Apply now! YouthFM is a FREE 12-month radio training program. Contact Rosanna on (08)8366 4600 or email ydo@npsp.sa.gov.au

International Games Day @ Campbelltown Library – Saturday 21 November, 2015 – 10:00am to 1:30pm. Bring your own games or play some of ours. For more information contact Jessica on (08)8366 9213 or email youth@campbelltown.sa.gov.au}

RECRUITING NOW!
DO YOU LIVE, WORK OR STUDY IN THE EAST OF ADELAIDE?
ARE YOU AGED 15-25 YEARS?
YOUTH FM IS A FREE 12 MONTH RADIO TRAINING PROGRAM FOR YOUNG PEOPLE. APPLY NOW TO BECOME A RADIO PRESENTER!
Applications are now open and close at 5:00pm, Monday 30 November 2015.
Download an Application Form from www.npsp.sa.gov.au – follow the links Our Community > Youth > Youth FM
Come ‘n Try – first session free
Finishing swim school lessons? Love to swim?
Join us for transition into club swimming at Payneham Swimming Club

New members welcome for the summer season commencing mid-October 2015
Swim for fun, fitness, competition in a family friendly environment
For more information 0427 525 148 www.payneham.swimming.org.au

2015 MIGHTY MAGILL CHRISTMAS MARKET
Saturday 21st November
9am to 3pm
Morialta Uniting Church,
26 Chapel Street, Magill
Phone 8331 9344

Home made cakes
Books
Plants
Gourmet Goodies
Bric a Brac
Gift Boxes and Jars of Love
Come Again Boutique
Christmas Gifts and Crafts
Sausage Sizzle
Morning Tea and Lunch

Do you care for a child with a disability or long term illness?
Do you worry about the future and feel alone with no one to turn to?

Maybe you’re a young person caring for your brother, sister or parent.
Carer Support has been providing support and advice to carers for more than 25 years and we understand how frustrating and stressful it can be to navigate the system. We have trained and experienced staff who can help you by identifying supports and services that are available to you.
If you’d like to find any events or groups that might appeal to you and give you a chance to meet other carers who are in a similar situation, we’d encourage you to get in touch with us.

Feel free to call us on 8206 0777 or visit us at:
Where: 10 Newton Road, Campbelltown
When: Monday to Friday 9am-5pm

YOU CARE FOR SOMEONE, WE CARE FOR YOU
AnglicareSA is in urgent need of foster carers to provide homes for children in your local community. Please contact AnglicareSA if you would like to be a ‘Hero’.

AnglicareSA

UPCOMING EVENTS

NOVEMBER
2-18 Stage 2 exams
2-13 Art Exhibition Pepper St Studio
19th Ritsumeikan Study Tour Arrives
20 Stage 1 Awards Assembly
30 7/8 Transition Day MC

DECEMBER
1 Yr 7/8 Parent information Night MC Resource Centre 6-7pm
1 Gold Yr 10 Transition
2 Parent & Friends MC 7pm
2 Blue Yr 10 Transistion
3 Red Yr 10 Transition
4 Yr 10 Graduation at SC 9am
11 Yr 8 & 9 Awards Assembly
12 LAST DAY OF TERM
1pm Early Dismissal

Come and Try Day
Visit your local tennis club to experience a FREE Come and Try Day!

Kensington Gardens Lawn Tennis
Cnr The Parade & East Tce Kensington Gdns
Sat. Sept 26th 2015 from 10am on-
Rob 0432 994 170 Gloria 8431 4839

Visit tennis.com.au/sa to find all participating Come and Try day venues or call Tennis SA on 08 7224 8100

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