Principal’s Report

Positive Education

I have foreshadowed in previous newsletters the need to advance Positive Education in our school. In the past, this has been referred to as wellbeing programs and we now have a body of research which identifies that wellbeing is encompassed within the broader initiative known as Positive Education. Positive education emphasises that a whole school approach where every teacher, student, parent, visitor and community member is expected to adhere and follow Positive Education principles leads to consistency and widespread improvement.

We have been interested and working toward Positive Education in our school since 2012 when a small group of staff attended a number of sessions run by Dr Martin Seligman, South Australia’s Thinker in Residence. Since then, members of the school’s Executive and Counselling team have attended other professional development sessions at which Positive Education has been featured. In 2014 and during this year, staff have/are attending professional development sessions on Positive Education.

Throughout the year, I will discuss different facets of Positive Education, a priority which will appear on our School Improvement Plan (SIP) for 2016.

The staff receiving professional development in Positive Education this year will frame an implementation plan to progressively introduce Positive Education principles into our school’s practices.

One aspect of Positive Education is the use of character strengths to create positive identity and to frame a way of discussing human behaviour. Enhancing character strengths and recognising weaker strengths is a way of exploring essential questions with students and thereby dealing more effectively with emotions which might cloud our behaviour and judgments.

If we are clear about each individual student’s signature strengths, then we recognise more easily the core of who they are. When we teach students to apply and work with their core strengths in their daily life, then they gain better self-awareness to apply and focus their energies.

A whole science is emerging about how successful relationships are built around recognising each other’s strengths, and if we could do this in a school setting, then student wellbeing, achievement, class behaviour, class cohesion, individual and collective enjoyment and social functioning are enhanced.

A simple way of understanding the concept of character strength is to consider role models, mentors, exemplars, even if they are cartoon characters. Consider what their strengths are, how their strengths are portrayed or exhibited and how these strengths enable them to achieve, do good, and create a buzz with people around them.

In schools which have begun the Positive Education approach, there is a lift in performance and consistency, something we seek to achieve.

Later in the year, I will report on our progress and invite you now, as parents, to provide feedback on any questions, comments, ideas that you might have in relation to this initiative.

Panayoula Parha
Principal
students to see their learning in a broader context and allow them to apply their learning in real world situations.

The six Global Contexts are:

- identities and relationships
- orientation in space and time
- personal and cultural expression
- scientific and technical innovation
- globalization and sustainability
- fairness and development.

When planning units teachers identify a Global Context for teaching and learning. This will then help students to explore the relevance of their inquiry helping them to understand why it matters.

**Personal Projects**

As they complete the IBMYP all students undertake a personal project. I would like to congratulate the year 10 students who have put a lot of time and effort into some great personal projects this year. These projects bring together the students’ learning in the middle years program and demonstrate the understanding they have developed against the Global Contexts.

The project is a major, independently done, sustained piece of study by the student on a topic of interest to them.

Assessment of the project is against four clearly identified criteria. These criteria are:

- Investigating
- Planning
- Taking Action
- Reflecting

Students can obtain good results for a well planned project which clearly shows their planning, research and understanding of the skills they have learnt through the process. Some students face difficulties along the way and have trouble completing their product but they are able to reflect on the reasons for this and the strategies they use to overcome the problems. This is an important part of the learning.

During term 4 this year the personal project will be introduced to year 9 students so that they can begin working on their ideas towards the end of the year. They can identify their area of interest and think about what they would like to produce. Parents, relatives and friends can be of help to give the students ideas or support in making the product as this often needs to be done at home. Students already have some great ideas.

Projects are due for completion on June 3rd.

Karen Andrews
Campus Head
Welcome to Term 2 on the Senior Campus

Now that the first term is over students should be familiar with the requirements of their subjects and starting to understand the heavy workload required to be successful in the Senior School. Learning this term will build upon skills and knowledge taught last term and further consolidate student learning. Attendance at all subjects and a well organised study program is essential for SACE success. The school also has new learning spaces available to support group and individual learning and the Resource Centre staff are available to support students as well. Students are encouraged to make use of these resources.

Stage 1 Exams

Stage 1 exams will be held between Monday 1 June and Friday 5 June and are the first examinations for many of our Stage 1 students. During this time Year 11 classes will not be running and students will not be required at school except to attend their exams or unless individual teachers have made arrangements for students to come in to complete work. There is no study period prior to the exams so students will need to begin their exam preparation whilst continuing with their school work. In subjects where there is no examination, students will normally be working on other assessment tasks that will require significant focussed effort and application and therefore should use the time productively to complete this work.

Students are welcome to study for their exams or work on their coursework and assignments at school during the Stage 1 exam period. All students need to be in full school uniform when they are on the school grounds. Students are reminded that Stage 2 classes are still occurring so teachers may not be available to assist unless appointments are made. Students studying both Stage 1 and 2 subjects will need to negotiate with teachers of Stage 2 classes around their attendance during the exam period.

Stage 2 Exams

Stage 2 trial examinations will occur in week 1 of Term 3 giving students time to prepare and revise over the term 2 holidays. It is important for all students to maintain a balance during the stressful time of exams. Being well prepared and organised for exams and other school tasks is essential, but it is also important that students take appropriate breaks and make time for recreational activities as well as own personal time and rest.

SRC Assembly

The SRC Assembly held on Friday 8 May showcased the work that the SRC are doing in the school and their plans for 2015. The SRC also used the assembly to promote and highlight other aspects of school life that students are involved in. The SRC is keen to promote student voice, provide opportunities for leadership amongst the student body and undertake the cafeteria upgrade in partnership with the school.

School Musical

Our annual School Musical, Annie, is currently in the final stages of rehearsal and the season opens on Thursday 28 May. I am looking forward to seeing all of the students performing and the work of all of those behind the scenes. The Musical is a great school event and showcases the talent of our students. Congratulations to all involved.

Year 12 Formal

Many thanks to Margarita Paleologos and the Year 12 Formal Committee for the hours of planning that went into organising the successful Year 12 Formal held at the Entertainment Centre on Friday 15 May. The Red Carpet theme was very well received by the students who looked glamorous and sophisticated on the night! Overall, it was a fun evening and the behaviour of the students attending was exemplary. A special thank you to the teachers who attended the formal and assisted with supervision.

Nikki Kotrotsos
Campus Head
Dear Families

As you would be aware, our school would not run smoothly without great leadership and the hard work of the teaching and administration staff. In the background and also working very hard for you and our students, are the parents, who dedicate a small amount of their time to attend meetings and assist at school events. The Governing Council and the Parents & Friends Association of our school is to provide great ways to connect with other parents and at the same time give back to the school.

I know that since my daughter has been attending high school, my participation on a daily level involves dropping her off at school in the morning, and asking her questions on her arrival home. Our students are very keen to be independent learners and we are busy with work and other commitments.

Therefore, to foster greater participation, Governing Council and Parents & Friends meetings, we discuss ways to better engage our families with school, through events such as the Working Bee, School Musical, Annual Music Night or becoming involved in the Governing Council and the Parents & Friends Association.

One of the topics discussed at this month’s Governing Council meeting was the Strategic Plan/School Improvement Plan 2015. Panayoula and her team work tirelessly to provide us with up-to-date information on the school’s present and future direction. We also saw first-hand the recent refurbishment of the Year 8 and Year 9 Sub-Schools. We are definitely moving forward with 21st century learning.

We invite you to visit our website regularly, www.nmhs.sa.edu.au as information pertaining to school activities is regularly updated.

Please forward any questions or feedback to the Governing Council or Parents and Friends Association via an email to dl.0787.info@schools.sa.edu.au and let us know what is important to you and how we can support you and the school at the same time.

Regards

Sandra Mestros
Governing Council Chair

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2015 Governing Council Members
Sandra Mestros - Chair
Ron O’Brien - Deputy Chair
Mich Bagnarla - Secretary
Rudolph Timoteo - Treasurer
John Gardiner - Community Member
Peter Adams
Corey Martin
Belinda Morro
Susanna Pappagallo
Maerschel Zwart

Staff Representative
James Champ
Nikki Kotrotsos
Fran Millard

Senior Campus SRC Representative
Bevan Thulkanam
Shona Swart

Middle Campus SRC Representative
Ally Brown
Vince Mingoia
Panayoula Parha - ex officio
ANZAC CENTENARY COMMEMORATION

In Term 1 staff and students at our school were involved in a range of activities to honour the sacrifices of many young men and women from a century ago.

As part of our activities, local veterans visited the school to speak to a class of year 10 students about the relevance of ANZAC for today’s service men and women. They also spoke specifically about significant ANZACs from our local area and their contribution. In addition they demonstrated to students how to access service records of family members from the Australian War Memorial.

Another activity students were involved in was creating displays for the year 8, year 9 and year 10 sub-schools to commemorate the Centenary of ANZAC. These displays were colourful and engaging and brought to mind the significance of this special year on a daily basis.

Art classes were involved in creating designs relating to ANZAC, either digitally or by hand. These designs were then transferred to poppy-shaped templates and mounted along the perimeter fence of the school, to spell out the word ‘ANZAC’.

In the last week of Term 1, there was a commemoration ceremony on both campuses. On the Middle Campus a bugler played ‘The Last Post’ and ‘Reveille’, the school drum corps played between speeches and readings, and three students read poems relating to ANZAC Day. Year 9 students had also made poppies from crepe paper and these were mounted on the fence during part of the ceremony. Interviews with a year 9 and a year 10 student were published in the local Messenger paper, together with a photo of our students.

Two year 10 students filmed the ceremony and displays and then edited the film to be presented as the school’s entry for the ANZAC Day School’s Awards and to be kept as a memento of the school’s involvement in the Centenary of ANZAC.

Thank you to everyone involved in making the centenary commemoration a memorable event for both students and staff.

Karmen Petric and Morgan Williams

On the Senior Campus ANZAC centenary was commemorated at the well organised assembly which started off with three stage 2 students presenting short informative speeches regarding historical facts about the Anzacs, poems written at the time of the war, and even information which described how the people and even the soldiers themselves viewed the events. The Last Post was then played in recognition and commemoration of the Anzacs, which was then followed by information regarding local dawn services.

The audience seemed very pleased with how well conducted the assembly was, and the SRC hopes to work with students and teachers to grow this event for next year and beyond.

Congratulations to all involved and special thanks to Ms Ruth Cox, Ms Kiara Bacon, Mr Matthew Camerlengo, Ms Laura Kearsley, Mr Kieran Freeman, Shona Swartz, Bevan Thulknanam, Ivan Nunes, Emma Samie and Dylan Widdop for participating in the preparation and the presentations on the day for what was a moving and important assembly.

Ivan Nunes
STAGE 1 HEALTH

For Stage 1 Health this term our class was to work in groups to plan and present an advertising campaign/action for a particular health issue. Our group chose to investigate Leukaemia. We chose to focus on this health issue as we wanted to base our presentation on raising money for our friend, and fellow student here at Norwood Morialta High School, Jaye Coburn. He was diagnosed with Acute Lymphocytic Leukaemia late last year. His family recently set up a webpage on www.mycause.com.au, called ‘Jaye’s Journey’. The purpose of this was so that people could donate towards his transportation and operation soon to take place in Sydney. The family’s aim is to raise $25,000 and our aim was to donate towards it.

On the 8th of May our group held a pizza, cupcake and lolly stall in order to raise money for Jaye’s Journey. This stall was opened during lunch time and was targeted at year 11s and 12s, being at the Senior Campus. The day was a huge success and we ended up raising $440.00

We wish Jaye all the best with his cancer treatment journey in Sydney.

Mel Ferraro, Emily Bent, Bella Nielsen, Giorgia Contos
SENIOR CAMPUS SRC ASSEMBLY

On Friday the 8th of May, the Senior Campus Student Representative Council (SRC) held an assembly during PLG time. At the assembly, all SRC members were introduced to the student body. Gary Yau and Shireen De Souza admirably acted as the master of ceremonies for the assembly and Bevan Thulkanam and Shona Swart addressed the assembly. The SRC invited a special guest, Carole Thieley, to address students on the role of the Red Kite Foundation and then presented her with a cheque from the proceeds raised on Casual Day to support this worthy cause. Bevan announced the planned cafeteria upgrade and Ms Millard also gave us insight as to what the new canteen upgrade could look like and that student voice would play an important role. The presidents Bevan Thulkanam and myself outlined the SRC’s vision for 2015 highlighting student voice, wider student leadership, cafeteria upgrade and charities both local and international.

Feedback from both students and teachers was positive and the student cohort is eager to see the priorities actioned in the school throughout the year. The SRC is keen to strengthen student and teacher relationships to create a vibrant learning community.

Shona Swart

Parents and Friends of Norwood Morialta High School

Jaye’s Journey

In December 2014, Jaye Coburn, a current Year 11 student at Norwood Morialta High School, had his life put on hold when he was diagnosed with Acute Lymphoblastic Leukaemia. Jaye is putting up a strong fight despite the Leukaemia’s resistance to therapy, and now requires a bone marrow transplant in Sydney with his brave little sister, Kelsie Coburn, to be his only matching lifesaving donor

Please support Jaye’s cause:

To read more about Jaye’s Journey and make a donation please visit www.mycause.com.au – Jaye’s Journey

Parents and Friends of Norwood Morialta High School

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MIDDLE CAMPUS SRC ASSEMBLY AND SOUVLAKI LUNCH

In week 8 of term 1 the MC SRC organised the first assembly for the year. The focus of the assembly was multiculturalism. We are fortunate to have so many different nationalities in our school and so many similar and also different stories of migration. Members of the newly elected SRC were introduced to students and staff and three of them shared their family stories of migration. Year 9 music students provided vocal and musical items.

The assembly was followed by a Greek lunch in celebration of the Greek Independence day. The souvlaki lunch was very popular with students and staff who were gathered in the upper courtyard and enjoyed the Greek food and music. It was a true demonstration of collegiality as the SRC members were supported in their efforts by many students of Greek and staff, making the event a huge success.

Thank you to everyone for their support.

Karmen Petric
on behalf of MC SRC

STAGE 1 GEOGRAPHY VISIT TO SEACLIFF

On Thursday the 15th of May the Stage 1 Geography class visited the Seacliff, Brighton, Hove, Somerton Park and Glenelg beaches to investigate coastal impacts and management strategies. Students conducted observations, surveys and interviews and carried out sketch mapping and estimating activities. Despite the chilly conditions, a range of economic, environmental and social/cultural impacts were observed and students were able to apply and deepen their understanding of coastal processes, human impacts and sustainable management strategies.

Thank you to Mr Fawcett for driving the bus.
YEAR 10 (A) OE ROCK CLIMBING AT MORIALTA

In week 9 of term 1 Year 10 Outdoor Education students travelled to Morialta for a day’s rock-climbing at Boulder, near the Third Falls.

Students had been developing their climbing skills on indoor walls at Vertical Reality and this was their first opportunity to experience the vagaries of ‘real rock’.

Our instructors - Trent and Chris - set up climbs, instructed students and supervised & encouraged their efforts. All of the climbs provided challenges and difficulties but many students persisted and some were eventually able to make it to the top.

Four climbs were set up and included: Big Sham (10), Leprosy (8), Balthazar (12) and Plexus (16),

Diane Mudie

YEAR 10 OE CANOEING

In Week 3 of Term 2, Year 10 (A) Outdoor Education students participated in a 2 days of canoeing at West Lakes Aquatic Centre.

The aim of the day was to develop their skills in order to prepare for a three day canoeing expedition to Ral Ral Creek in the Riverland during Week 7.

They were instructed on canoe camp preparation, safety & parts of the canoe and were taught how to steer and control their vessel.

Students developed and improved their basic skills of forward paddling, backward paddling, sweep stroke, draw stroke, emergency stop, stern rudder, J stroke and rescue.

Diane Mudie
INDIGENOUS ART AND THE ENVIRONMENT

In week one of term 2 the year 10 OE students welcomed Libby Robertson to their class to deliver to them a presentation on Indigenous Art and the Environment.

Libby used a variety of paintings, crafts, tools, jewellery, musical instruments and toys, plus stories, pictures, diagrams and books to demonstrate the importance of art to aboriginal culture, history and identity.

Students were also encouraged to examine links between these artworks and the environment: How the environment influences art and how art reflects the environment.

Diane Mudie

YEAR 8 ITALIAN IMMERSION NEWSLETTER

The Year 8 Italian Immersion class has been studying their Humanities in Italian this semester. Each week these students have 5 lessons in Italian developing their language and at the same time have 5 lessons of Humanities in Italian.

The benefits?

Were practising our language in both subjects. We’re learning about the Middle Ages in both languages. In every class we connect Italian in both subjects. Anna Calabrese and Raya Gordo 8B1

Currently students are studying medieval history in their Humanities class.

Ms Toulou and Ms Williams

Entertainment books

The ENTERTAINMENT BOOK offers fabulous value for money with vouchers and discounts for all the family.

The new books purchased may be used straight away until June 2016.

The Rowing Club receives $13 from the purchase price of $65 for each book.

The books may be purchased from the Pay Station at the Middle Campus or Senior Campus alternatively you may order your Book or Entertainment Digital Membership securely online at www.entbook.com.au/161b403

Please support the school’s Rowing Club in this important fundraising event.
NMHS STOCKIES

During the first semester of Integrated Learning, students from 10EX participated in the ASX Sharemarket Game. The aim was to offer students the opportunity of experiencing how the share market functions. Students started with a virtual $50,000 at their disposal and limited knowledge regarding economics. The students worked collaboratively to organise a group activity. They wrote several emails and made phone calls to invite a stockbroker from the Macquarie Bank to give a lecture. Utilising the information provided during the group activity, students’ knowledge and understanding of the share market improved. However, no profits were made. The stockbroker provided insight on investment, and tips concerning the ASX Sharemarket Game. From this activity, the students gained valuable primary information as to how to execute wise investment decisions.

Even though the performance of the group was not as good as they initially expected, the students have learnt many valuable skills from this experience. The students will be able to apply the knowledge gained from this experience in future situations like this.

Right: Jed Richards, stockbroker from Macquarie.

ASX SHAREMARKET GAME

10EX INTEGRATED LEARNING

During semester one, part of the Integrated Learning course for the year 10 Extension class (10EX) to participate in a chosen competition to develop vital life skills such as planning, organising, learning and communicating. The ASX (Australian Stock Exchange) share market game is a competition involving the buying and selling of shares within the top 200 companies in Australia.

As a source of primary information, ASX P!nk Group investigated and contacted potential stockbrokers to give a presentation on the fundamentals of the Australian stock exchange. Fortunately, 10EX had a successful presentation by a stockbroker in the lecture theatre, explaining the basics of trading stocks.

With a starting budget of $50,000 virtual money; students bought and sold shares. Share prices and market activity within the game simulated the real ASX, which prompted students to research global events and corporate activity, which causing fluctuation in prices. Acting on advice from the meeting with the stockbroker, students conducted research into potential companies, investigating into indicators of potential revenue.

10EX P!nk Group - Aidan Graziano, Andrew Gross, Arjun Fadia, Ben Childs, Cameron Young, Eric Arsanious, Jeremy Loh, Rahul Adhvaryu, Joshua Herreen, Owen Adams
VISTA NORTHERN ZONE ATHLETICS

On Wednesday 25 March Norwood Morialta High School students competed in the Vista Northern Zone Athletics against six other schools. Overall we finished 3rd.

<table>
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<tr>
<th></th>
<th>Girls</th>
<th>Boys</th>
<th>Year Levels Combined</th>
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<tbody>
<tr>
<td>Senior</td>
<td>3rd</td>
<td>6th</td>
<td>Boys 5th</td>
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<tr>
<td>Year 9</td>
<td>3rd</td>
<td>2nd</td>
<td>Girls 3rd</td>
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<tr>
<td>Year 8</td>
<td>1st</td>
<td>3rd</td>
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Congratulations to the following students who performed very well in their events:

**ALEX ALLUM-HENSON**
- First Year 8 Boys Div 1 100m
- Third Year 8 Girls Div 2 100m
- First Year 8 Boys 400m
- Second Year 8 Girls 1 200m
- Third Year 8 Boys Shotput
- First Year 8 Girls 400m
- First Year 8 Boys 4 x 100m Relay
- Second Year 8 Girls Javelin

**STARR BOWMAN**
- Second Year 10 Girls Div 4 100
- Second Year 8 Girls 4 x 100m Relay
- First Year 10 Girls Discus
- Second Year 8 Girls Javelin

**ANGUS BRESSINGTON**
- Third Year 10 Boys 4 x 100m Relay
- First Senior Girls Senior 100m Hurdles

**SARAH BRICE**
- First Year 9 Girls High Jump

**LIANA CALO**
- Third Year 9 Girls Triple Jump
- Second Senior Girls Triple Jump

**LAURA CARR**
- First Year 9 Girls High Jump
- Second Senior Boys High Jump

**GUET CHANGKOU AJOU**
- First Year 10 Girls Div 4 100
- Second Year 9 Girls High Jump

**MATTHEW DARRINGTON**
- First Year 8 Boys Div 4 100m
- Second Year 8 Boys Div 2 200m
- Third Year 8 Boys 800m

**ANTHONY EGUDO**
- First Year 10 Girls High Jump
- Second Year 8 Girls 800m

**KEYARA ESPLIN**
- Second Year 10 Girls High Jump
- Second Year 10 Girls 90m Hurdles

**NASTASIA FOSTER**
- Third Year 9 Girls Div 2 200m
- Second Year 9 Girls 800m
- First Year 8 Boys 2 100m

**LACHLAN GIBBONS**
- Second Year 8 Boys High Jump
- Second Year 10 Boys Discus

**ELISE GRAFTON**
- First Year 8 Girls High Jump
- First Year 10 Boys Javelin

**CHLOE HA**
- Second Year 9 Girls 3 100m
- Third Year 9 Girls Div 2 200m

**GRACE INMAN**
- First Senior Girls 400m
- First Year 9 Girls 400m
- First Year 9 Girls 800m
- First Year 9 Girls 4 x 100m Relay

**SARA JMEI**
- First Year 8 Girls Shotput
- First Year 10 Boys Div 1 200m

**SAKIB KHAN**
- First Year 8 Boys Div 3 100m
- First Year 8 Boys 4 x 100m Relay
- Third Year 10 Boys 800m

**ANTHONY LIOLIOS**
- Second Year 9 Boys Div 4 100m
- Third Year 10 Boys 4 x 100m Relay

**TOM LOCKWOOD**
- Third Year 9 Boys High Jump
- First Year 8 Girls Div 1 200m

**STEFAN MAHON**
- Second Year 9 Boys 800m
- Second Year 8 Girls 800m
- Second Year 9 Boys 1500m
- Third Year 10 Boys 4 x 100m Relay

**LACHLAN MARKOVICH**
- First Year 9 Boys Shotput
- Second Year 8 Girls 4 x 100m Relay

**RENEE MIGNONE**
- First Year 8 Girls 3 100m
- First Year 9 Girls 80m Hurdles
- Second Year 8 Girls 80m
- First Year 9 Boys Discus
- First Year 9 Boys Javelin

**LEE MINERVINI**
- First Senior Boys Div 1 200m
- First Senior Boys 400m
- First Senior Boys High Jump
- First Year 9 Girls Shortput
SSSSA ATHLETICS

On Tuesday 7 April Norwood Morialta High School students competed in the SSSSA Athletics Carnival against seven other schools. The boys finished 2nd and the girls finished 5th. Overall, combined, we finished 5th in the C grade.

Congratulations to the following students for their achievements on the day:

ALEX ALLUM-HENSON  First  Under 14 Boys 100m  JOSEPH OWENS  First  Under 15 Boys 4 x 100m Relay
ALEX ALLUM-HENSON  First  Under 14 Boys 200m  LIDIA PAPAGALLO  Second  Under 15 Boys 200m
ISAAC ALLUM-HENSON  First  Under 15 Boys 4 x 100m Relay  HAYDEN PARKER  First  Under 15 Girls 90m Hurdles
ISAAC ALLUM-HENSON  First  Under 14 Boys 400m  LIDIA PAPAGALLO  Third  Open Girls 100m Hurdles
KIERAN BAKER  Second  Under 15 Boys Triple Jump  MAX PARTINGTON  First  Under 15 Boys 4 x 100m Relay
ANGUS BRESSINGTON  First  Under 16 Boys 100m Hurdles  KAI RAHUI  First  Under 14 Boys Long Jump
THOMAS CAPOGRECO  Second  Open Boys 4 x 100m Relay  JORDAN RICHARDS  First  Under 14 Boys 4 x 100m Relay
LAURA CARR  Third  Open Girls High Jump  ISAAC SAYWELL  First  Under 15 Boys 4 x 100m Relay
LUKACHIKWUBA  First  Under 16 Boys 4 x 100m Relay  EMMA SEVERINO  Third  Under 16 Boys Long Jump
MATTHEW DARRINGTON  First  Under 16 Boys High Jump  SHIRAN SITRIN  Second  Under 15 Girls 100m
NASTASIA FOSTER  Second  Under 15 Girls 800m  EMMA SEVERINO  Second  Under 15 Girls 200m
LACHLAN GIBBONS  First  Under 14 Boys Triple Jump  JP SOCHA-WILLIAMSON  Second  Under 15 Girls 400m
ALICE INMAN  Third  Under 14 Girls 1500m  JAMES WOODS  First  Under 16 Boys 100m
GRACE INMAN  Third  Open Girls 800m  JAMES WOODS  First  Under 16 Boys 200m
CELESTE JACOBS  Third  Under 15 Girls Triple Jump  CAITLIN STANLEY  Second  Under 14 Girls 800m
JAMES KAVUKI  First  Under 16 Boys 4 x 100m Relay  JAMES WOODS  Second  Under 14 Girls Triple Jump
SAKIB KHAN  First  Under 14 Boys 4 x 100m Relay  JAMES WOODS  Third  Under 14 Girls 4 x 100m Relay
STEFAN MAHON  First  Under 15 Boys 1500m  JAMES WOODS  Third  Under 14 Girls High Jump
DION MIGNONE  Second  Open Boys 4 x 100m Relay  BEN WAKEFORD  Third  Under 15 Boys Discus
RENEE MIGNONE  Second  Under 14 Girls 4 x 100m Relay  JAMES WOODS  Second  Under 14 Boys Javelin
LEE MINERVINI  Second  Open Boys 4 x 100m Relay  JAMES WOODS  Second  Open Boys 100m
BROOKLYN MORGAN  Second  Under 14 Girls 400m  JAMES WOODS  Second  Open Boys 200m
LAUREN MORGAN  Third  Open Girls 100m  JAMES WOODS  Second  Open Boys 4 x 100m Relay
TINO NTHOANE  Third  Under 14 Girls 4 x 100m Relay  JAMES WOODS  Second  Open Boys Shot Put

Thank you to our student officials for helping on the day - Reuben Menashe, Darcy O’Connor, Charlie Chiem-Ho, Owen Hulland, Jordan Mutton, Elias Hatzopoulos and Yang Kim

VISTA NORTHERN ZONE ATHLETICS

Thanks to our student officials for helping on the day - Yang Kim, Jordan Mutton, Owen Hulland, Jack Van Der Haak, Charlie Chiem-Ho, Jessie Capurso and Reuben Menashe.
OUT OF SCHOOL HOURS SPORT

Winter Sport commenced this term in week 2 (Girls) and week 3 (Mixed & Boys)

<table>
<thead>
<tr>
<th>Team &amp; Coach</th>
<th>Training Time</th>
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</thead>
<tbody>
<tr>
<td>Boys Open A Div 2 Soccer – Jim Kallas</td>
<td>Thursday 3.15 - 4.15pm Senior Campus Oval</td>
</tr>
<tr>
<td>Boys Year 10 Div 2 Soccer – Zac De-Boeck</td>
<td>Monday 3.15-4.15pm Middle Campus Oval</td>
</tr>
<tr>
<td>Boys Year 9 Div2 Soccer – Yuvash Naidoo &amp; Thomas Capogreco</td>
<td>Thursday 3.15-4.15pm Middle Campus Oval</td>
</tr>
<tr>
<td>Boys Year 8 Div 2 Soccer – Chris Zunis</td>
<td>Thursday 3.15-4.15pm Middle Campus Oval</td>
</tr>
<tr>
<td>Boys Senior Basketball (A grade) – Jake Slack</td>
<td>Wednesday 3.15-4.15pm Senior Campus Gym</td>
</tr>
<tr>
<td>Boys Senior Basketball (B &amp; C grades) – Stefan Iannace</td>
<td>Wednesday 3.15-4.15pm Senior Campus Gym</td>
</tr>
<tr>
<td>Boys Middle Basketball (A grade) – Eben Medwell</td>
<td>Wednesday 3.15-4.15 pm Middle Campus Gym</td>
</tr>
<tr>
<td>Boys Middle Basketball (B &amp; C grades) – Aaron Phillips</td>
<td>Wednesday 3.15-4.15 pm Middle Campus Gym</td>
</tr>
<tr>
<td>Mixed Middle A Table Tennis – Nathan De Souza</td>
<td>Wednesday 3.15-4.15 pm Middle Campus Transportables</td>
</tr>
<tr>
<td>Girls Senior B Soccer – Grace Inman &amp; Ashwin Menon</td>
<td>Friday 3.15-4.15pm Middle Campus Oval</td>
</tr>
<tr>
<td>Girls Senior B Badminton (NMHS 1 &amp; 2) – Stefan Zaccagnini</td>
<td>Tuesday 3.15-4.15 pm Senior Campus Gym</td>
</tr>
<tr>
<td>Girls Junior B Badminton (NMHS 1) – Colin Jong</td>
<td>Tuesday 3.15-4.15 pm Middle Campus Gym</td>
</tr>
<tr>
<td>Girls Junior B Badminton (NMHS 2) – Venise Chia</td>
<td>Tuesday 3.15-4.15 pm Middle Campus Gym</td>
</tr>
<tr>
<td>Girls Year 9 B1 Netball – Samantha Kershaw</td>
<td>Tuesday 3.15-4.15 pm Middle Campus Netball Courts</td>
</tr>
<tr>
<td>Girls Year 8 B2 Netball - Tayla Scholefield</td>
<td>Thursday 3.15-4.15 pm Middle Campus Netball Courts</td>
</tr>
</tbody>
</table>

Table of teams/coaches and training times

Programs have been distributed to students and copies are also available from Student Services (Middle Campus) and the Pay Station (Senior Campus). Details of matches to be played are updated weekly and are Available via the bulletin on Daymap, on the School’s website and also through the new NMHS Team App.
School Based Immunisation Program
2nd Visit for Year 8 Students
Human Papillomavirus Vaccine (HPV)
Diphtheria/Tetanus/Pertussis (dTpa)

The Eastern Health Authority (EHA) – (Web: www.eha.sa.gov.au)

will soon be visiting your child’s school to administer the 2nd Human Papillomavirus (HPV) and Diphtheria/Tetanus/Diphtheria for those Year 8 students where consent has been provided.

If for some reason you did not receive a consent form and you wish your child to be vaccinated, please ask for one at the school office, if unavailable contact EHA on 8132 3600.

If any information you gave on the original consent form has changed, please inform the Authority’s immunisation staff before the date of vaccination on 8132 3600.

Please notify us if:
Your child has already had the dTpa or 2nd HPV vaccine with another provider.
You wish to withdraw your consent.
Your child’s medical condition has changed.

Remember: It is your responsibility to advise the vaccinator on the day of immunisation of any change in the information on the consent form, in particular, your child’s medical condition. A signed and dated note presented to the vaccinator on the day of immunisation, from a parent or guardian in your child’s diary is acceptable.

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Free parenting seminar
Steve Biddulph: Raising boys, raising girls

Want to know how to raise boys and girls to be their best, right from birth?

Come and hear prominent author and retired psychologist Steve Biddulph talk about:
- special qualities of boys and girls
- hormones, emotions and development
- parenting styles that work best
- building on boys’ and girls’ strengths.

Steve’s talks have attracted over 130,000 parents in 22 countries. His books, including Raising Boys, Manhood, Secrets of Happy Children and Raising Girls, are in 4 million homes.

Register to attend in person:
Online: http://parentingsa.eventbrite.com.au
Phone: 8303 1650
Email: health.parentingsa@health.sa.gov.au
Or
Register for webcast:
Online: http://parentingsa.eventbrite.com.au
When you register you will receive login details

Presented by Parenting SA.
For more information about raising children and teenagers go to www.parenting.sa.gov.au

At the speaker’s request, we regret we are not able to admit babies and children
Set in the depths of 1930’s depression, Annie is a feisty eleven year old who lives in a New York City Orphanage under the tyranny of the alcoholic spinster, Miss Hannigan. However, her luck begins to change as she is invited to spend a short time in a world of luxury with hard-nosed billionaire, Oliver Warbucks. She quickly manages to captivate the hearts of the household staff and even the seemingly emotionally-reserved Warbucks cannot resist her charming nature. When he attempts to adopt her, Annie insists that she is waiting for her parents to return, so instead Warbucks offers a reward to her parents if they return and are able to prove their identity.

This attracts the attention of Miss Hannigan’s brother, the deceptive con-artist, Rooster and his female accomplice, Lily, who work together to impersonate Annie’s long lost parents. The fifty thousand dollar reward places Annie in great danger as the deceptive couple plot her harm.

TICKETS:   Adults $14.00   Child/Conc $8.00   Family $36.00

Available for sale at beginning of Term 2
from Middle and Senior Campus Pay Stations.

WHEN:       Thursday       May 28th       11.30am and 7.30pm
            Friday         May 29th       7.30pm
            Saturday      May 30th       7.30pm

WHERE:      The Ivan Coward Hall, 505 The Parade, Magill
Rowing News

Week 3  Term 2  2015

HEAD OF THE RIVER - What a fantastic day Head of the River was. Despite the 6am start being quite chilly by 8am the sun was shining and conditions were perfect! There was real excitement amongst the Norwood rowers and it must be said all including the Year 8’s looked great in their new Zooties. A number of our crews rowed quite well on the day and it was great to see all our Year 10 crews qualify for finals in their events. Watching the 8’s races at the end of the program was also a real buzz for the students. Hopefully this will motivate our Year 10’s who in theory will be involved in these races in 12 months’ time!! A big thank you needs to once again go to the parents for getting their children to West Lakes so early but also for making the BBQ such a big success with lots of money being fundraised.

PASTA NIGHT – The pre Head of the River Pasta Night was held at the Torrens Boat House and was considered a big success. The general consensus was the Boat House had a much better vibe to it than the NMHS undercroft and making our own Pasta as opposed to hiring a caterer ensure better fundraising occurred. We are definitely now looking forward to future Pasta Nights.

END OF SEASON DINNER - This was held at the Rez Hotel on Friday 10th April at 7pm. With over 100 people attending this was a great night with a number rowers recognized for their great efforts over the course of the season. Award winners were as follows

<table>
<thead>
<tr>
<th>Year 8 Girls</th>
<th>Rebecca Yan</th>
<th>Lily Antohiastro</th>
</tr>
</thead>
<tbody>
<tr>
<td>Year 8 Boys</td>
<td>Hudson Adair</td>
<td>Harrison Boffa</td>
</tr>
<tr>
<td>Year 9 Girls</td>
<td>Amelisia Hatchard</td>
<td>Natasha Foster</td>
</tr>
<tr>
<td>Year 9 Boys</td>
<td>Mateo Deville</td>
<td>Paul Yan</td>
</tr>
<tr>
<td>Year 10 Boys</td>
<td>Isaac Allum Henson</td>
<td>Eric Arasimous</td>
</tr>
<tr>
<td>Year 10 Girls</td>
<td>Brydie Hall</td>
<td>Talitha Benson</td>
</tr>
<tr>
<td>Open Girls</td>
<td>Mariah Hatchard</td>
<td></td>
</tr>
<tr>
<td>Open Boys</td>
<td>Denby Harding</td>
<td></td>
</tr>
<tr>
<td>Best Cox – Jeannie Day</td>
<td>Principals Trophy – Zac Bastic</td>
<td>Best Oarswoman – Mariah Hatchard</td>
</tr>
</tbody>
</table>

OFF SEASON TRAINING – All rowers still deserve a well-earned rest but optional training for Year 9 & 10’s is available currently. Training will start to get a little bit more serious in Term 3 but we would like all rowers to maintain a good level of fitness prior to this.

RECRUITMENT – All current rowers are encouraged to speak to non-rowing friends over the coming months to invite them to potentially join the Norwood Rowing Club in Term 4. Currently we have approximately 40-45 active rowers but the end goal is to reach 60-65. In Terms 3 & 4 we will be actively visiting schools in the nearby community in attempt to attract Year 7’s to come to the school in 2016 with a view of joining the Rowing club.

WINTER CAMP – The winter camp is scheduled to be held in Term 3 at Mannum. The finer details are still being finalized but when everything is all organized this information will be sent out via Daymap and will also be handed out to rowers in PLG at school.

YEAR 8 ROWERS – Congratulations to all Year 8s for successfully completing their first season of rowing. All coaches were extremely impressed with the work ethic and commitment of the Year 8 rowers and it was great to see them competing in the final two regatta’s at West Lakes. We are all definitely looking forward to the Year 8’s having a bigger role within the rowing club in Term 4 and beyond!

NATIONALS – A special congratulations needs to go to Mariah Hatchard, Max Partington and Isaac Allum Hensen who competed at the National Rowing Regatta in Sydney late in Term 1. Qualifying to compete at a national competition is a fantastic effort and we are looking forward to the Norwood Rowing Club producing more rowers who can compete at a national level in the future.
A group of students aged 13-15 will be visiting from Koishikawa High School in Japan to learn about our school system, improve their English skills and develop an understanding of Australian culture.

The group will be based at the middle campus and will join in some of our classes. Excursions to Gorge Wildlife Park, the Adelaide Hills and the City Centre are also planned. Host and buddy student will participate in some of these excursions.

If you wish to host a student or would like more information, please contact Nicolette Welford on 8365 0455 or email nicolette.welford12@schools.sa.edu.au. A small remuneration is provided.

THIS COULD BE YOU!

Group photo of Koishikawa students, hosts and school buddies from the 2013 Study Tour

Return Slip for Hosting Koishikawa High School Students in 2015

Our family would like to host a student in 2015

Parent/Caregiver Name: ...........................................................................................................................................

Student Name: .................................................................................................................................................. PLG: ..........

Email: ..............................................................................................................................................................

Phone Number: ..............................................................................................................................................
UPCOMING EVENTS

TERM 2

JUNE
5/6  Student Free Day
8/6  Queens Birthday
12/6  Yr 8 Immunisations
14 -15/6  Careers Expo Adelaide Convention Centre
16/6  Finance Meeting SC  6pm
17/6  Parent & Friends MC & 7pm
22/6  Governing Council SC @ 6.30 pm
29/6  Newsletter 4 online

SCHOOL DENTAL SERVICE

All babies, children and young people under 18 years are welcome to attend the School Dental Service. Dental care is FREE for most school-aged children and ALL preschool children.

SA Dental Service participates in the Child Dental Benefits Schedule. A small fee may apply for children who are not eligible for the Child Dental Benefits Schedule.

To locate your local School Dental Clinic, or for more information about the Child Dental Benefits Schedule, please phone 82228222 or visit www.sadental.sa.gov.au