As part of our commitment to Asia Literacy in our school, David Le Cornu, one of our teachers participated in a visit to Bhutan, a lesser known country in Asia. David gave a presentation about his visit to the staff and as part of that presentation, he read an excerpt from a student who described the value of education in her own words at a school assembly attended by David and other visitors. It is re-printed on the next page as an example of the universality of the importance of education.
Student Life

"The future of Bhutan lies in the hands of our youths." According to the dictionary a student is "A person who is studying at a college or university." But to me a student is the "One who goes to school with a purpose to help parents and save the nation."

A person gets the title of "the students", when he/she first joins the school that is at pre-primary. We know that we don’t know what is right and wrong at that time but as we grow old there should be a purpose in our mind that is to save the nation. A student’s life is full of ups and downs. Sometimes we may be sad or happy, but that should not affect our aim.

Student life is very important phase of human life. It is the formative period of life. The foundation of a human being is laid during the student life. What a man turns to be when he grows up is the result of the qualities inculcated during the student life. In student life we should try to learn good habits and manners. We should be kind, considerate and polite. As student life is the carefree period of life, we can be happy and free from anxieties. It is a life of freedom.

But a good student is very aware of time. He/she makes the best use of it. The time utilized properly during this period helps him/her to be successful in life when he/she grows up. So we should try to build our future. We should try to build our character. Only then we will have good society and good nation.

According to me the roles of a student are classified into three:

(Numerous ways toward a better life)
We should live and lead a peaceful life, should love and be loved. Give and share to others and receive from others as well. Smile for a smile, laugh and find yourself happy. You can dream but don’t become so greedy and Ambitious. Make mistakes one or twice but not many times, then it becomes a problem. Try to learn from the past mistake that you have made. Don’t be afraid to act and talk but do only once you are confirmed.

We should have the courage to face problems and disasters. To avoid problems, talk slowly and meaningfully so that you can convey your message to others and think and analyse quickly but in the right way. Use your brain to know about the society, people and yourself too. Doesn’t fear from death rather be prepared for it. When you are newly born in the family, all of them are happy, but becomes sad when you die. Accumulate merits with good deeds and prepare yourself to die with a smile on your face. It is always better to sleep less, work more and receive less.

Don’t waste time even if it is a single minute without doing a productive task. Remember that you are getting old even by seconds and minutes without exception of months and years. So consider time as the precious thing in your life and do things according to it in right ways. It is acceptable to fail after you have tried a lot but don’t give up without trying at all. Never. Always aim for success with simple steps and don’t lose hope for you family but stand on your own feet.

I hope everyone has the same notion as I have stated above as they are the main roles and responsibilities of a student. As a saying goes "learning has no age limits." We should not give up studying because our government spends a lot of money on education. So we should be able to repay them by becoming successful people and serving the nation.

Thought for the day:
To be born as a gentleman is an accident. To die as a gentleman is an achievement.

Build more interest. Remember that success is not a matter of luck.

Keep a positive attitude all the time and look at the good examples. A smile costs nothing but makes others happy and reflects your attitude. But don’t make your precious smile an unnecessary smile which may have the chances to ruin your life. Don’t expect too much from others, instead try to provide for others, don’t hurt others even if you cannot help them and try to teach others the way as the way you would like to be treated by others. Instead laugh at yourself and find your own weakness.

Live with time and do things with time. Never miss opportunities, instead search for good opportunities and cultivate a culture of hard work. More would surely help you towards a better life. So lastly but not the least I would like to pass my warm wishes and prayers in this enchanting Drukyul stating that “hard work is the key to success”.

Thought for the day “What I gave, I have, what I spent, I had, what I kept, I lost.”
MIDDLE CAMPUS REPORT

Karen Andrews
Middle Campus Head

Middle Campus Counselling
Course counselling day is fast approaching and students are very busy considering their options and planning their courses for next year. There are many things they must consider, such as their ability and interest in the various subjects, their career aspirations and the requirements of the school’s curriculum pattern as well as the SACE.

Students have opportunities in PLG and PLP time to discuss their career aspirations and the subjects they may need to achieve them. The curriculum guide describing all of the subjects available is on the school website and the moodle. Year 10 students have received some information about university and vocational courses as well as apprenticeships.

Counselling Day is Tuesday 26th August
PLG teachers are preparing for the counselling day when parents come in to a meeting with their child and the student gives a presentation about their strengths, progress and future pathways or goals before discussing their choices.

Parents are encouraged to take some time prior to the counselling day to look at the 2015 Curriculum Guide located on the school website and discuss possible subject choices with their child. Please note: Students are only required to attend school on that day for their scheduled interview and they need to wear their school uniform.

Students have been given WebPreference Access Instructions so that they can make their choices online and take a printout of what they have chosen to the meeting with the PLG teacher. Any changes as a result of the discussion can then be made on the day.

IBMYP: New in 2015
There are some exciting changes to the International Baccalaureate Middle Years Program (IBMYP) which will be implemented from next year. Teachers are already working on incorporating the changes and the student free day on Thursday September 4th will be devoted to these new developments.

Key changes include the focus on Key concepts and Global contexts in planning units of work. The Global Contexts for Teaching and Learning in IBMYP are:

- Identities and relationships
- Orientation in time and space
- Personal and cultural expression
- Scientific and technical innovation
- Globalisation and sustainability
- Fairness and development.

Teachers identify the global context for the teaching and learning to help students to understand why their unit of inquiry matters.

Further information and updates will follow in future newsletters.

UPCOMING EVENTS

<table>
<thead>
<tr>
<th>TERM 3</th>
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<tbody>
<tr>
<td><strong>WEEK 6</strong></td>
<td></td>
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<tr>
<td>25/8</td>
<td>Governing Council SC 7.00pm</td>
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<tr>
<td>26/8</td>
<td>MC Course Counselling Day All Day</td>
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<tr>
<td>28/8</td>
<td>SC Course Counselling Day 1.00-7.00pm</td>
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<tr>
<td><strong>WEEK 7</strong></td>
<td></td>
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<tr>
<td>1/9-3/9</td>
<td>PICSE Science Comp Yr 8</td>
</tr>
<tr>
<td>3/9</td>
<td>Music Night 7.00pm SC</td>
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<tr>
<td>4/9</td>
<td>Student Free Day</td>
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<tr>
<td>5/9</td>
<td>School Closure—Show Day</td>
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<td><strong>WEEK 8</strong></td>
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<tr>
<td>10/9</td>
<td>Parents and Friends MC 7.00pm</td>
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<tr>
<td><strong>WEEK 9</strong></td>
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<tr>
<td>18/9-20/9</td>
<td>Pedal Prix—Murray Bridge</td>
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<tr>
<td>18/9</td>
<td>SC Student/Teacher/Parent Discussion 1.30-7.00pm</td>
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<tr>
<td>19/9</td>
<td>Yr 8 Immunisations</td>
</tr>
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As students enter the second half of Term 3 there is often a time of high activity and high anxiety. For many year 12 students the realisation that only eight weeks remain in their secondary schooling and a lot of significant work remains to be done, can create a time of personal growth, as they manage the high demands and expectations. Unfortunately some students will succumb at this time to the high pressures, whether generated by external expectations or internal fears of not meeting expectations.

At this time of year, I ask all families to keep calm and supportive and keep communication channels open so we can all support our students and act as quickly as possible. Remind your student that there are support services in place and we encourage them to make an appointment with the Student Counsellor or Learning Community Leaders to ask for help in addressing their fears and concerns.

Year 11 students are facing other pressures as the work load in semester two builds up, and as time approaches, in choosing subjects for year 12. This is a good time to discuss future plans with your student, be supportive but realistic. Ask your student about what their interests are and what they are good at, and support them in the search for broader career options. For some of our students they too easily fall into the trap of only considering one career option without considering alternative related careers that may meet their interests but have a different ATAR requirement.

Some students will be disappointed that their achievement in Stage 1 subjects has meant that they are not eligible to select their preferred subject at Stage 2. This may be a time for asking some open questions to help your student decide on a course of action.

Try questions like…..
“Were you surprised not to be eligible for that subject?”
“Why were you/Weren’t you surprised?”
“What did your teacher suggest you do?”
“What do you think of their suggestion?”
“Why did you want to do that subject?”
“Do you think you will do well in that subject – why?”
“Do you like that subject – why?”
“Are there alternatives - What are the advantages /disadvantages of each?”
“What do you think you will do?”

Remember, as the supporter of a developing young adult, you can help them develop the skills to deal with the disappointment of life and develop the strategies to cope. The school is also here to help, so do not hesitate to contact us.

Results for our Pedal Prix Teams in Round 3 of the Australian HPV Super Series 6 Hour Race at Victoria Park Sunday, 27th July, 2014

Team ASTRO: Kevin Anderson, Miles Farnan, Alistair Brown, Tullio Zaltron
 Finished 16th Outright out of the field of 181.

Team XP8: Esteban Anderson, Michael Oors, Danny Wardle, Nic Benn, Fred Zaltron, Alessandro Zaltron, Alyssia Brown
 Finished 59th Outright

Team Focus: Jack Mathews, Aaron Tetley, Michael Hatcher, Sebi Anderson, Ben O’Connell, Tim Lennon.
 Finished Second

Teams are now training and getting ready for the final Round of the Series, the 24 Hour Race in September at Sturt Reserve, Murray Bridge.
The Year 8 and 9 debating teams have been enjoying lively debates on a variety of topics since term two. They have debated five out of the six rounds and enjoyed many successes. The Year 8 team made up of Marcello Morena, Joshua Centofanti, Jake Costi and John Bian has shown great flair in arguing their case convincingly and with wit, and at the same time pinpointing the oppositions’ weak points, using these to their advantage. They enter into the last round with four out of five wins, and a good chance as finals contenders.

Andrew Gross, Ashleigh Campbell, Oscar Noel and Preet Sandhu, the year 9 team, have enjoyed high praise for their oratory skill and spirited rebuttal of opposing views, and won three out their five debates.

Both teams are excellent ambassadors for NMHS MC, and entertaining speakers, which is a big part of debating effectively.

**YEAR 8 DRAMA**

**By Hayley, Dexzina, Marcello and Marisa**

This semester, the Year 8 drama students in Mr Pontikas’ class have been working on Tableaux [a tableau is a feature frame or frozen scene that captures an action. It is also a French word that means picture]. They help us focus on the ways we use our facial expressions to show people what we are feeling without communication. To give us inspiration and show us how to express through facial expressions, we have been watching Mr Bean as he uses his face and body to tell the story.

The next area we are focusing on is ‘Mime Time’. In this we will be communicating without any sound, as well as comparing the two biggest mime artists Marcel Marceau and Charlie Chaplin. Before we start the class warms up, relaxes and participates in small exercises to relieve any tension.

This is the routine for Mr Pontikas’ class and we enjoy participating and expressing our selves in many different ways.

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**Year Nine Mentor Morning - Thursday 25 September 9am.**

Ben Abbott - Year 9 Sub School Head.

We are looking for family members / acquaintances who could donate their morning to speak to our Year 9 students. We would like to invite people from a variety of backgrounds who could speak with our Year 9 students throughout the morning. It will be a busy, non-stop morning but the students really value being able to speak with adults, possibly in areas of employment they may be interested in. Last year we had writers, lawyers, personnel managers, medical researchers, small business owners and recruitment managers all offering their time and energy.

If you or someone you know would be interested, please contact me on 8365 0455 or email ben.abbott526@schools.sa.edu.au. I look forward to another energising, rewarding and enlightening morning.
From the Pedagogical Improvement Working Party

As part of the Pedagogical Improvement Working Party’s role we have been reviewing current educational literature to identify what are the possible innovations that would have most impact on student learning. One of the clear findings is that the individual teacher’s pedagogy has more impact on student learning than almost any other factor within the control of a school. Other research indicates that in schools where significant pedagogical improvement has occurred, the key feature was regular and ongoing collaborative professional development that is clearly targeted at changing teacher pedagogy in a measurable way. Recent school surveys have highlighted that many of our students believe teacher’s lessons could be more varied, engaging and innovative.

While overall the staff at Norwood Morialta is very experienced, the way students learn and engage with resources has changed significantly over the last decade. The rise of internet connection, portable devices and changes in social media and how the community consumes media, have dramatically affected teaching and learning. The world of work has also changed significantly with the increased global portability of jobs reaching into professional, technical and service industries, and manufacturing. This has meant a significant change in the qualities employers are looking for in graduates. There is a huge decrease in the employment in low skill / low wage jobs. Employers are increasingly looking for workers who have a different set of skills including the skills of self-management, collaboration, flexibility, analysis, critical and creative thinking, and the ability to integrate new knowledge into new contexts. In order to develop these skills the Pedagogical Improvement Working Party has proposed the establishment of a weekly Professional Learning Time through a slight adjustment in the school’s timetable.

Proposal:
The Norwood Morialta High School is proposing to create 90 minutes of collaborative professional learning for teachers on Wednesday mornings from 8:30am – 10:00am

Impacts on Students

**Middle Campus Students**

The Middle Campus day will begin at 8.25 am instead of 8.30 am and finish at 3.10 pm instead of 3.00 pm (which is aligned to senior campus and neighbouring primary school departure time).

On Wednesdays Middle Campus students will have the choice of arriving at the normal time on Wednesday or arriving in time for a later start (10.10 am PLG - see Timetable proposal).

Students arriving at the regular time will be supervised by an assigned teacher who can provide support with homework and/or learning needs. Students with special needs will also be able to access specific SSO support at this time.

The student day (except Wednesday) would be lengthened by 15 minutes for Middle Campus students to allow for the late start Wednesday.

All subjects will have the same allocation of time - however PLG will be shortened by 5 minutes each day and PLP will be increased from 100 minutes to 125 minutes.

The teaching week will remain at 1600 minutes.

The Independent time will provide students in year 8 to 10 an opportunity to develop some of the independent and self-management skills needed to effectively use unscheduled lessons at the Senior Campus.

**Senior Campus Students**

The school day will begin 10 minutes earlier (Lesson 1 at 8.40am and for optional Lesson 0 at 8.10am) with recess being shortened by 10 minutes to 30 minutes to allow for the late start for lessons at 11.10 on Wednesday and to match middle campus.

The school will continue to be open from 8.00 am daily.

Unscheduled Tuesday and Thursday afternoons would continue, thereby providing opportunities for students to seek support from their teachers.

Expected long term impact from Professional Learning Time

Improved pedagogy and changes to teaching strategies are expected to result in improved student engagement (measurable through attendance and student surveys) improved learning outcomes for a range of students (achievement data) improved development of student graduate qualities.
Impact on Staff

Staff have a common regular time for Professional Learning allowing for greater collaboration and ongoing professional development.
Improved pedagogy across the school.
Requires a regular compulsory commitment by staff to a team.

Impact on Parents

For some parents drop-off and pick up arrangements may need to be adjusted to allow for the 10 minute later finish on the middle campus and 5 minute earlier start time – The bus companies will be contacted so that adjustments to 2015 timetables can be made.

Process for Consultation

All School Leaders were given an opportunity to provide feedback to the proposal through a joint meeting and survey in Week 1 of Term 3.
After minor adjustments all school staff were consulted and given an opportunity to feedback via a survey in a combined staff meeting in Week 2 of Term 3.
After further adjustments to the timetable model, student representatives from each PLG and the SRC were presented with the model and given an opportunity to ask questions in Week 3 and 4.
Student PLG representatives presented the proposal to PLGs in Week 4 and 5 of term 3 and all students had an opportunity to complete a survey.
A Parent Information Meeting is scheduled for Wednesday 20th August on the Senior Campus at 6.00-7.00pm after which a ‘Frequently Asked Questions’ page and a Parent Survey will be released through the school website.
The Pedagogical Improvement Working Party will present the results of the surveys and the final adjusted model to the School Executive for final approval of the proposal.
In week 9 the final model and the results of the surveys will be presented to Governing Council for endorsement of the change to the school day.

For further reading on this important topic, you can go to …
Jensen, B, 2014, Turning Around Schools: It Can Be Done, Grattan Institute, Melbourne

UNIFORM MANAGEMENT SERVICES

SCHOOL UNIFORM SALE

GIRLS WOOL BLEND SKIRT
NORMALY $59.30
NOW ONLY $25.00

ON SALE UNTIL STOCK RUNS OUT

OPENING HOURS

SCHOOL SHOP - 0409 178 994
SENIOR CAMPUS
Tuesdays 8:00am - 1:30pm
Wednesdays 12:30pm - 4:00pm
NORWOOD (New Address)  P: 8363 5255
1/6 Montrose Ave, Norwood
Monday - Friday 9:00am - 5:00pm

Course Counselling Days

MIDDLE CAMPUS
Tuesday 26 August 2014
SENIOR CAMPUS
Thursday 28 August 2014
1.30-7.00pm
STATE SELECTION

Congratulations to the following students for being selected to represent South Australia:

Nathaniel Benson for being selected in the U13 Ice Hockey Team National Championships held 7/8/2014-10/8/2014.


**SPORT**

Norwood Morialta High School students and families are invited to learn how to play tennis, participate in junior competition or have coaching at Rostrevor Tennis Club, with coaching provided by Todd Perry Tennis Academy. Tennis is a great sport to play as there is a focus on individual skill development, teamwork, fitness, good sportsmanship and for those who feel ready, competitive matches. Regardless of your current tennis ability level, Todd Perry Tennis Academy and Rostrevor Tennis Club are sure to have an option suitable for you. If you are interested in finding out more information please call Todd Perry on 0414 014 566.

**ROSTREVOR TENNIS CLUB**

Norwood Morialta High School students and families are invited to learn how to play tennis, participate in junior competition or have coaching at Rostrevor Tennis Club, with coaching provided by Todd Perry Tennis Academy. Tennis is a great sport to play as there is a focus on individual skill development, teamwork, fitness, good sportsmanship and for those who feel ready, competitive matches. Regardless of your current tennis ability level, Todd Perry Tennis Academy and Rostrevor Tennis Club are sure to have an option suitable for you. If you are interested in finding out more information please call Todd Perry on 0414 014 566.
During Term 2, Norwood Morialta High School students participated in the annual University of New South Wales ICAS Science Competition and the annual Big Science Competition online. The 2014 competition has produced very pleasing results across all year levels, NMHS students obtained 3 Distinctions, 4 Credits, 2 Merits and 5 Participation Certificates. A very big congratulations to the following NMHS students

**University of New South Wales ICAS Science Competition**

**Year 8**
- TANG, Wesley  Distinction (top 3% of all year 8 participants in Australia)
- KINSMAN, Harry  Merit
- KRISHNA KUMAR, Dinesh  Participation

**Year 9**
- GROSS, Andrew  Distinction (top 10% of all year 9 participants in Australia)
- LEE, Ally  Credit
- PERERA, Nirodh  Credit
- TING, Edward  Credit
- DE SOUZA, Nathan  Merit

**Year 10**
- ZENG, Sunni  Credit
- DE SOUZA, Shireen  Participation

**Year 12**
- GENT, Kiyo  Distinction (top 15% of all year 12 participants in Australia)
- JOSE, Allan  Participation
- KATYAL, Poojan  Participation
- SOHAL, Paurush  Participation

**Principal’s Award**
- GENT, Kiyo  Distinction (top 5% of all year 12 participants in Australia)

**Big Science Competition**

- TANG, Wesley  Junior Level  High Distinction
- TING, Edward  Intermediate Level  Credit
- KATYAL, Poojan  Senior Level  Participation
Term 2 was a busy term in the Resource Centre and we look forward to more interesting and exciting events and activities during Term 3.

Visiting Author

In the last week of Term 2 Middle Campus students were lucky to have the opportunity to meet local author Allayne Webster. Allayne spoke to students about author life, how she became an author, how to write interesting and engaging books and the process of getting your work published. Students were actively involved in discussions with Allayne and showed excellent knowledge of both famous authors and literary works as well as how reading has impacted on their lives. Allayne’s current titles; Barnesy, Our Little Secret and Stresshead will soon be joined on our shelves by her new title Paper Planes.

Premier’s Reading Challenge

Students are beginning to submit their completed Reading Records for the Premier’s Reading Challenge. Final reading must be completed by Friday 5th of September. Forms need to be submitted by the 15th September. Students who successfully complete the challenge will be invited to a luncheon to receive their awards. Presenters Kim Dillon and old scholar Kate Collins will be presenting medals and certificates on the day.

Book Worms

A new group for students interested in reading and sharing their love of books has started this term. Every Tuesday the Resource Centre is open for students to come and borrow fiction titles, to share their reviews and be involved in the collection available to students.

Get Caught Reading Competition

Get Caught Reading is a concept which began in America in 1999 and has continued there as a nationwide campaign to remind people of all ages how much fun it is to read. At NMHS we encourage the love and importance of reading for both educational and social reasons, thus the challenge in our school.

The challenge is to take a digital image of an NMHS student or staff member ‘caught’ reading.

Entries are due by Friday week 6 and can be submitted via email, twitter or on USB to Ms Westerhof. (Details are on flyers around the school).

The top images, displaying the most creative and interesting will be short listed.

Short listed images will be displayed on a board in the Resource Centre and voted on, by students!

Need inspiration—http://www.pinterest.com/tNMHSmLib/get-caught-reading/

For further updates and news follow us on twitter @tNMHSmLib

REMINDER

PUPIL FREE DAY
Thursday 4 September

SCHOOL CLOSURE—SHOW DAY
Friday 5 September
My name is Eva Berger and I am from Austria. I have been to Norwood Morialta High School as an exchange student for 5 months from February – July 2014. I have been living with a host family and was able to get to know the Australian school system, culture and way of life.

As the school system in Austria is quite different to Australia I had to learn many new things. For example here I have been wearing a school uniform for the first time in my life, I was able to choose the subjects that I want to do (in Austria I have 12-15 compulsory subjects) and school in Austria starts at 7.45! But I was really happy and excited about experiencing all those differences and got to know a wonderful new culture.

During my time here I got to know many new people and made wonderful friendships. This made it very hard for me to say goodbye after five months. I cannot believe how fast time went by, but I am really thankful for all the things I learned here and experiences I made. I had a wonderful time in Australia and I am glad that I got to attend Norwood Morialta High School, which I will always remember as very welcoming.
OMNIBUS BOOKS invites you to the launch by Vikki Wakefield and Rebecca Burton

PAPER PLANES
by Allayne L. Webster
A novel about one young boy’s struggle to survive the brutal Boer war. Inspired by a true story.
Friday 12th September 2014 at 6.30 pm (for a 7 pm start).
The Resource Centre (Library), Norwood Morialta High School Middle School Campus, Morialta Road West, Rostrevor
RSVP by Wednesday 27th August 2014, via phone (0413 300 819) or email toll: allaynowebster00@gmail.com

Dymocks will be selling the book at the launch. Cash and credit facilities available.
Sponsored by Bird in Hand wines

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Does your child have a sleep problem?

The Child & Adolescent Sleep Clinic in the School of Psychology at Flinders University is running treatments for adolescents aged 13 to 20 years, who are unable to fall asleep at a conventional time and experience difficulty waking up early for school or work.

For more information please call 8201 7587 or email casc.enquiries@flinders.edu.au.

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Foster Care
Join the Family.

Celebrate Foster Care Week during 18th - 24th August

Have you ever thought of being a Foster Carer?

Join us on our open day on Tuesday August 19th at 4-8 Angas Street, Kent Town. Drop in any time between 9am-5pm or enjoy a light lunch and a formal presentation from 12.00-2.00pm with a talk from a registered foster carer.

Foster Carers can be single, couples, people at home, working full-time, part-time or studying. Free training and ongoing professional support (including 24-hour assistance) is provided.

For more information
Please call Linda 8131 3456
THE NORWOOD MORIALTA HIGH SCHOOL

2014 MUSIC NIGHT

WEDNESDAY 7.00 PM
3 SEPTEMBER

IVAN COWARD HALL
NORWOOD MORIALTA SENIOR CAMPUS
505 THE PARADE, MAGILL

TICKETS AVAILABLE FROM PAYSTATIONS

ADULT: $6.00
STUDENT/CHILD/CONCESSION: $4.00
FAMILY (2 ADULTS, 2 CHILDREN): $15.00
New Graduated Licensing Scheme conditions

Graduated Licensing Scheme changes that protect South Australia’s young drivers and their passengers will come into effect on Monday, 28 July 2014.

The new rules include:

- No driving between midnight and 5 am for P1 licence holders and learner motorcyclists under the age of 26. Exemptions apply.

- No more than one passenger aged 16-20 at any time of the day or night for P1 licence holders under 25 (excluding immediate family members). Exemptions apply.

- An extended provisional licence period from two to three years – one year on P1 and two years on P2.

- Passing a hazard perception test to progress from L to P1 (previously a test was required to move from P1 to P2). After disqualification, L and P drivers will return at the same licence stage (previously they went backwards a licence stage).

These changes will reduce the risk of young drivers being involved in a crash due to inexperience, night time driving and the peer pressure from passengers. Statistics show that currently:

- young drivers receiving their P-Plates and beginning to drive unsupervised are 11 times more likely to be involved in a crash
- 16 to 24 year olds accounted for 22% of fatalities and 24% of serious injuries from 2004-2013 – despite being only 12% of the population.


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SCHOOL DENTAL SERVICE

The School Dental Service is a Child Dental Benefits Schedule provider. All babies, children and young people under 18 years are welcome to attend.

**Dental care is FREE for most children.** Children who do not qualify for the Child Dental Benefits Schedule can also attend – a small fee will apply for each course of general dental care provided.

All dental care provided is FREE for preschool children.

To locate your local School Dental Clinic, or for more information about the Child Dental Benefits Schedule, visit [www.sadental.sa.gov.au](http://www.sadental.sa.gov.au)
Food tasty way to digest English language skills

MARTINA SIMOS
EDUCATION WRITER

INTERNATIONAL students from Norwood Morialta High School have been using tasty food to help improve their English language.

The students have been working through a community project with a local cheese-making and gourmet business.

Teacher Chic Stirling-Phillips runs a subject, Stage Integrated Learning – Marketing a Product, each semester with international students. Over the past 20 weeks, her students were involved in a real-life marketing project with La Casa Del Formaggio.

It involved students working in groups with La Casa’s marketing manager to prepare food to cook from a recipe, style the food and photograph it so it could be sold on the website. Ms Stirling-Phillips said the community project had not only helped their English skills but had shown the benefits of teamwork.

“They were working collaboratively because that helps them with their English skills but they were able to develop their ability to work in teams and the course required them to use their own initiative,” she said. “Their level of English is different because they have been studying English for different lengths of time.”

Ms Stirling-Phillips said communication was one of the tasks on which they were assessed and there was a noticeable improvement in students’ oral and written skills. Yingdi Liu, 18, who is in Year 11, has been in Australia for six months and has been learning English from the age of seven in her home country of China.

Through the course, as well as learning new words associated with cooking, she learned to make lemon and olive spaghetti, sweet cheese, tahini and chocolate fudge.

“I learned the name of cooking stuff and realised how to cook from teacher’s help,” Yingdi said.

“I love the atmosphere here in school because it helps me learn things earlier, so that I can absorb new knowledge quickly,” Classmate Xinyu Wang, 17, also from China, has learned some culinary skills while learning new vocabulary.

“I learn how to use stove and simmer material in oil,” he said.

SALAD DAYS: Chic Stirling-Phillips, second left, with Yun Du, Yingtai Liu, Xinyu Wang and Leo Luo.
Free Parenting Seminars
Sleep and your teenager

Are you the parent of a 13–18 year old?
Are you concerned about their sleep?

Come and hear Dr Sarah Blunden, sleep researcher, talk about the importance of sleep for this age group. Find out how:
- sleep needs change during adolescents
- sleep impacts on physical and mental health
- technology affects sleep
- to help your teen get enough sleep.

To book:
- Phone: 8303 1660
- Email: Health.parentingsa@health.sa.gov.au

Presented by Parenting SA.
For more information about caring for your child go to www.cyh.com.

Seminar 1 Tuesday 9 September
When: 7.15 – 9.00pm
Where: Basil Hetzel Building Lecture Theatre,
Uni SA City East Campus,
Frome Rd, Adelaide
(Building H, entry via gate 3)

Seminar 2 Tuesday 16 September
When: 7.15 – 9.00pm
Where: Catherine Community Centre,
Nazareth Catholic Community,
176 Crittenden Road, Findon
(parking in college carpark off Crittenden road)